

# Youth Call to Action

On March 7th, 2023, prior to the Women's Health Conference, a Youth Pre-Conference was jointly organized by Beyond Beijing Committee (BBC), Blind Youth Association Nepal (BYAN), Visible Impact, and YUWA. More than fifty youths participated, representing all provinces, diversities, and genders. The Pre-conference discussed current burning issues that young people face in relation to Sexual and Reproductive Health and Rights (SRHR), Gender Justice, Climate Justice, Non-Communicable Diseases (NCDs), Nutrition, and Mental Health. As diverse youth participants in the conference, we call upon our Government, International Organizations, United Nations Agencies, Civil Society Organizations, Development Partners, and other duty bearers for the following:

## New Era of Youth Health: SRHR and Gender Justice

- Ensure comprehensive sexuality education in schools and communities and support initiatives that provide accurate and age-appropriate information on sexual and reproductive health and rights in an accessible and inclusive way.
- Develop and support initiatives that promote the equal rights and freedom of all genders, including the right to access education, healthcare, and employment opportunities free from discrimination and bias including fostering supportive and inclusive environments for young people, including safe spaces where they can express themselves freely and seek out support as needed.
- Collaborate with youth-led organizations and networks to amplify the voices of young people on SRHR and gender justice and ensure that their perspectives and experiences are reflected in policies and programs that affect their lives.

## Youth Health in Humanitarian Settings and Climate Justice

- Build the evidence base on climate change and young people's health and well-being. Educate all stakeholders on the links between climate change and young people's health and well-being, including future health professionals. Advocate for this information to be incorporated into their training curricula and support adolescent and young climate activists.
- Support young people by building their capacity on climate change issues and advocacy, ensuring meaningful and inclusive youth participation of the youths at every step of crisis management from preparedness to response as well as amplifying young people's voices in national and global forums, and providing a platform for dialogue between young people and decision-makers to hold decision-makers accountable to young people.
- Act in accordance with reliable and up-to-date scientific results to achieve the long-term goals of the Paris Agreement and other international agreements and commitments, including those relating to human rights and commit to participate in the Health and Climate Change Global Survey and use data for decision-making.



## NCDs, Nutrition, and Mental Health

- Raise awareness about NCDs and mental health, their basic concepts, risk factors, available services and information centers addressing the diverse needs of young people through national level initiatives and campaigns at all levels.
- Improve the quality of services provided by existing health institutions and service providers regarding mental health through proper licensing, accreditation and quality assurance mechanisms and expand the services related to NCDs and mental health to increase access of young people at all levels and geographic areas.
- Collect factual and quality data underlying the risk factors, the existing disease burden and financial burden pertaining to NCDs and mental health affecting young people and ensure that the policies and national plans of action are evidence based that place youth needs at the forefront.

**During the conference, come join us at**

### **YOUTH LOUNGE**

What you can expect

- Live art
- Face painting
- LinkedIn photoshoot
- Exhibition of youthful tools, documents and materials
- Games and prizes

Organized by:



Host:



Convened by: \_\_\_\_\_

