



This is
what
we are
doing!

Every Girl,
Every
Woman,
Every Youth

2018

ANNUAL REPORT



Annual report 2018

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Message from the Chief Executive Officer

This year, 2018, was one of the most remarkable years for Visible Impact because its spirit to grow and serve to create visible impact in the lives of people continued to get reflected in the work. This year, we have not only become the largest ever in terms of the number of our staff, or our annual financial turnover or even our outreach, but more than that we have grown in partnerships and presence. We have continued to learn, explore, enhance our capacity and support each other, staying true to the spirit of Visible Impact.

This year, we were able to continue Girls: Better after quake program by including a psychosocial support component with support from Global Giving, after completing our second phase with Accountability Lab. The girls who were have been with us since the beginning have become social champions in identifying social issues, advocating and acting for it, and connecting with local government. We grew on Right Here Right Now with successful formulation of Safe Motherhood and Reproductive Health Act, launching of Who Decides campaign, training on campaign design, and working with celebrity champion to advocate for improved sexual and reproductive health and rights of young people. With No Shame to Bleed, we saw our second batch graduate and recruit another set of ten young volunteers committed to peer educate school students about safer and healthier menstruation. We started a new model- MenstruAction in Bidur Municipality of Nuwakot district towards making menstruation safer and healthier.

I represented Visible Impact and Nepal in the 6th periodic review of Convention on Elimination of all forms of discrimination of Women (CEDAW) of Nepal at Geneva, Switzerland, and moderated the informal lunch briefing.

Our achievements are not ours alone - our beneficiaries, partners, donors, staff, board members, volunteers and well-wishers have all put their effort to keep us motivated throughout the year. We owe all our success to you, and we will work harder in the coming year to keep making you proud.



Medha Sharma

About Us

The Vision of Visible Impact is to have a Visible Impact on the lives of every girl, every woman and every youth.

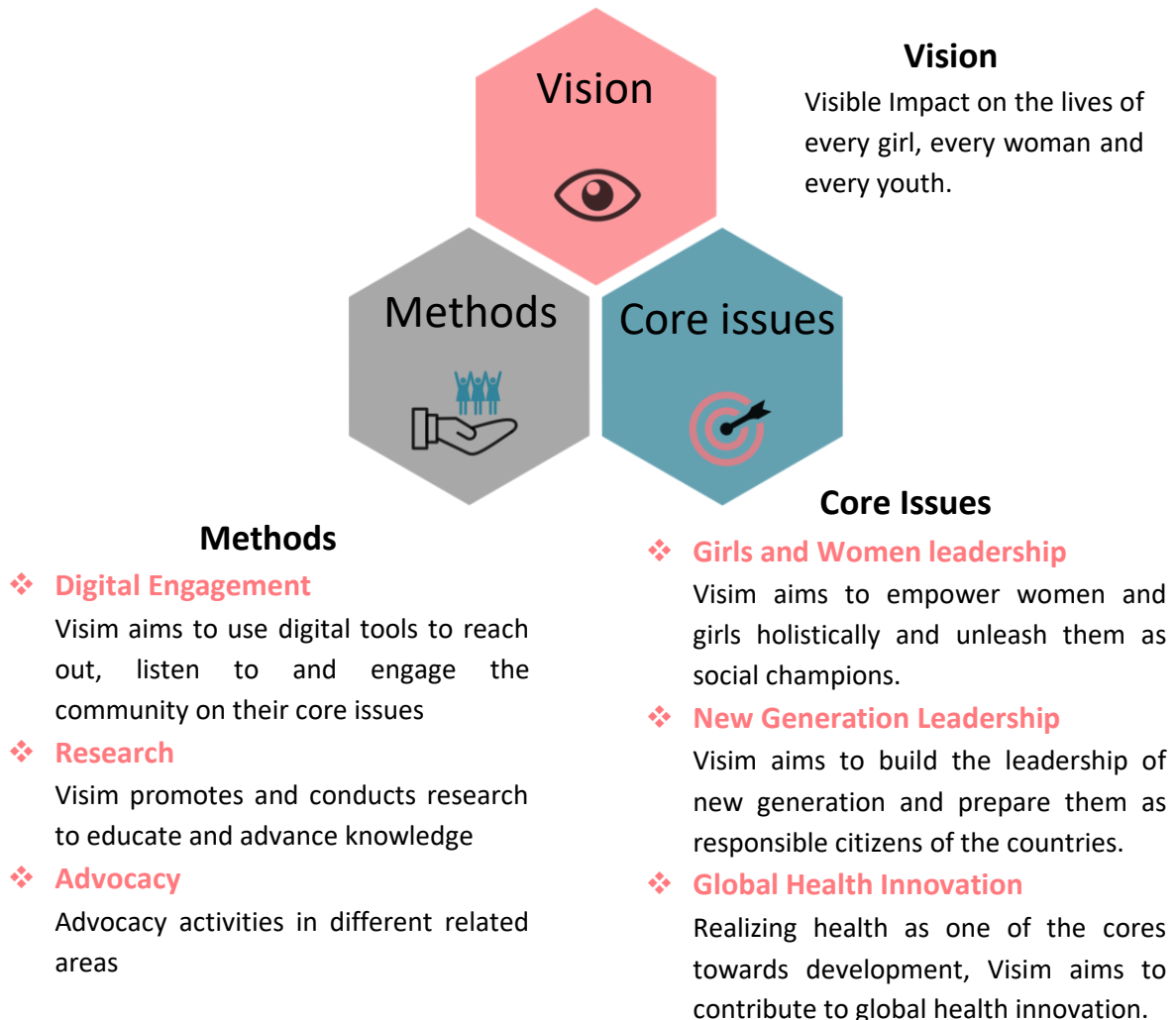
To achieve this Visim is working on the mission to unleash the social and economic leadership of girls, women and youth through beneficiary partnered innovative interventions.

All programs are always designed in such a way that the non-negotiable conditions of keeping human rights at the core, ensuring and promoting meaningful and inclusive youth participation and following feminist principles are always fulfilled and kept at the core.



Visible Impacts logo with mission, vision and non-negotiable conditions

The vision, core issues and methods are summarized in the following:



Organizational Profile

Advisory Board

Visible Impact (Visim)'s advisory group consists of renowned social leaders who have significant experience and expertise. It comprises of:

1. Dr. Madhavi Singh Shah
2. Dr. Shyam Sunder Chaudhary
3. Mr. Rukh Bahadur Gurung
4. Ms. Bidha Sharma

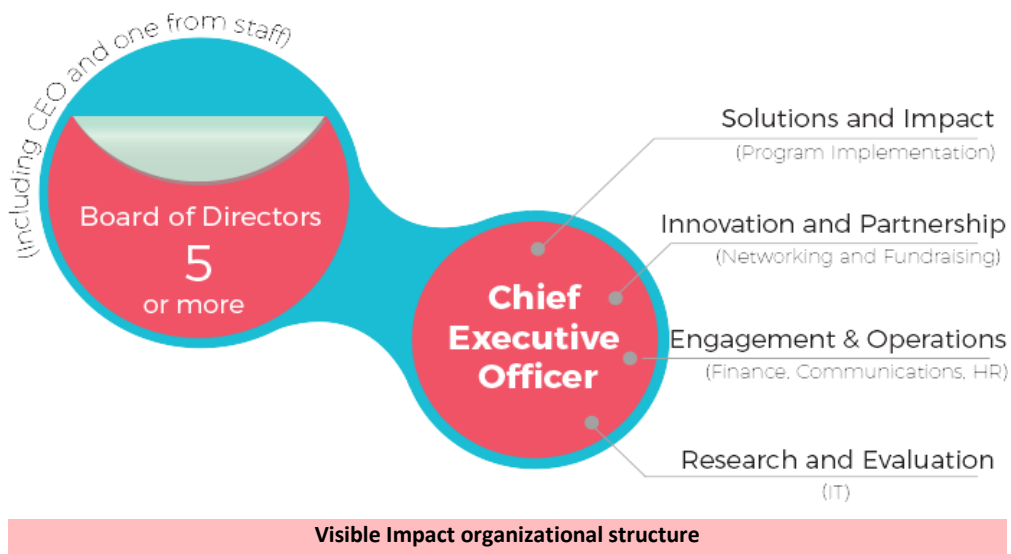
Executive Board

To enhance the role of young people in decision-making, the Board of Directors is comprised mostly of passionate young people, with significant experience in the field of youth and girls programming. It is comprised of:

1. Ms. Medha Sharma
2. Mr. Shyam Sunder Sharma
3. Ms. Sadikshya Subedi
4. Mr. Ajay Uprety
5. Ms. Shilpa Lamichanne

Staff

Visim had 9 permanent staff and hosted 4 interns in 2018. Visim's organizational structure is shown in the image below.



Program descriptions

The year 2018, was a year of continuous growth and thrive to reach the organization's vision. There were new programs, but mostly there were continuation to the programs from previous years, conducted with new learning, challenges and achievements



Right Here Right Now

Right Here Right Now Nepal platform, is a strategic partnership between 15 likeminded youth led and youth serving organizations, that advocate for enhanced experience of young people on sexual and reproductive health, focused on three thematic areas - provision of age appropriate comprehensive sexuality education, legalization of same sex marriage and provision of stigma free youth friendly safe abortion services. It is a global partnership of eight organizations at the international level, and operating similar platforms in eleven countries. Since the inception of RHRN in Nepal in 2016, Visible Impact has been associated with and has been organizing advocacy program and capacity building activities for advocacy. Along the years, the vision of advocacy has come to a shape along with opportunities for advocacy and networking in national and international platforms. Being a part of RHRN Nepal, Visible Impact has carried out following activities in the year:

❖ Development of position papers for the three thematic areas

Through its research work, desk reviews and interviews, and six thematic meetings, Visible Impact was able to produce three position papers this year on legalization of same sex marriage in Nepal, provision of quality, stigma free and safe abortion services, and provision of comprehensive sexuality education to all young people. These position papers have been circulated among the RHRN platform members and other relevant organizations as well.

❖ Campaign Lab Workshop

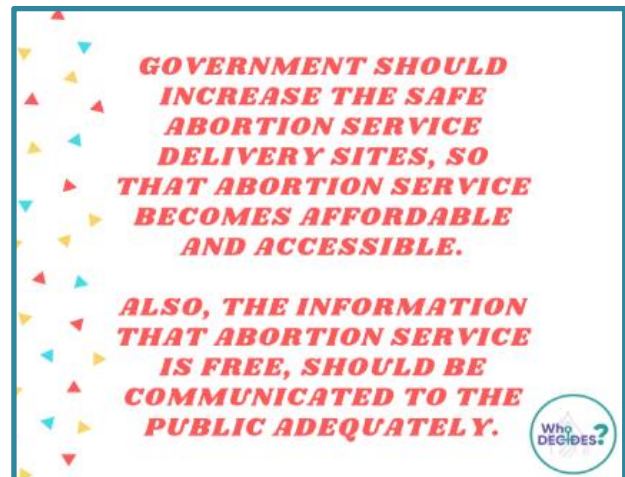
A four day “Campaign Lab workshop” was organized jointly by Visible Impact and Dance 4 Life at Hotel Country Villa, Nagarkot. A total of 35 participants from RHRN Nepal, RHRN Bangladesh, RHRN Indonesia and RHRN Pakistan participated in the workshop. The workshop was focused on building on existing and or/developing new campaign strategies and plans for public engagement and strengthening campaign development and communication skills for public engagement as per the platform priorities.



Participants of Campaign Lab Workshop

❖ Launch of Safe Abortion campaign “Who Decides?”

An advocacy campaign “Who Decides?” was launched aiming to amplify the common message regarding safe abortion and creating awareness among youth and generating demands for youth friendly safe abortion services. The campaign involved sharing messages related to safe abortion through various infographs, videos from influencers in the social media as well as posts from other social media accounts. Youth engagement was created through “Answer and Win” a quiz competition on Safe Abortion. The media page is still active and has been sharing informative content on safe abortion.



Safe abortion message through Who Decides?

❖ Celebration of International Safe Abortion Day, 2018

On 28th September, International Safe Abortion day was celebrated with the organization of a flash mob and a panel discussion. A flash mob was performed in City Center, Kamaladi where the celebrity champion “Dahayang Rai” delivered a speech on safe abortion among the crowd. A panel discussion with the theme of “Normalizing abortion: It’s part of our lives” was organized where the panelists included different dignified personalities working in sector delivery of safe abortion services, advocacy, representative of the Family Welfare Division, celebrity champion and human rights activist. This event supported to generate public support, develop credibility of RHRN among young people and government officials as well.



Flash mob at City Center



Panel Discussion on International Safe Abortion Day



Participants of XXX



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Participation in CEDAW

The CEO of Visible Impact represented RHRN Nepal and participated in the 71st Session of the Committee on Convention on the Elimination of All Forms of Discrimination against Women (CEDAW), held in Geneva from 22 October to 9 November 2018. The participants from Nepal submitted shadow report to the CEDAW Committee and also delivered a statement at the informal briefing and moderated the lunch briefing.

Some of the major highlights were:

CEDAW committee raised concern that sexuality education in Nepal is not yet comprehensive and age appropriate.

CEDAW committee asked the Nepal delegation if there has been any prosecution since the criminalization of Chhaupadi in Nepal? And if not then why?

CEDAW committee saw the need to legalize same-sex marriage in Nepal.

CEDAW committee questioned the Government if they have considered decriminalizing abortion in true sense, and peeling abortion off the criminal code.

MenstruAction

MenstruAction is a holistic approach to make menstruation safer and healthier for women and girls, by reaching out to key gatekeepers and decision makers in the community. The project is being implemented with support from GIZ Nepal - S2HSP. This project will unleash adolescents as “**social champions**” for sustainable development through the introduction of reusable sanitary products to the girls and developing a sense of responsibility in the girls and the gatekeepers towards their environment, communities and school. Realizing how concerted efforts are needed to identify MHM needs, this project also aims to incorporate the voices of adolescent girls and boys in ways most appropriate to their respective engagement channels and specific challenges to transformative gender in schools.

❖ Inception meeting at Bidur Municipality

The inception meeting was organized by Visible Impact with the support of GIZ S2HSP team in Bidur. Other technical supporters, CODEF and HECAF had also joined the program. The main agenda of the inception meeting was to introduce the objectives and modality of the project to the municipal leaders. Deputy Mayor, education co-ordinator, health co-ordinator, ward leaders, teachers were present in the meeting. The meeting highlighted co-ordination with the municipality to avoid duplication of resources and working areas.



Deputy Mayor of Bidur Municipality during inception

YOUAccess

Visible Impact has been advocating for provision of inclusive and youth friendly family planning services in Nepal through the grant received from Champions of Global Reproductive Rights (PAI). YOUAccess project aims at advocacy to ensure that the Government of Nepal fulfills its FP2020 commitments while leaving no one behind.

❖ Youth consultation in Nepalgunj and Sunsari district

In order to know about the perception, practice and perception of young people in Nepalgunj and Sunsari district, consultations were conducted among 20-30 people in each district. The consultations focused on identifying the barriers that young people face in accessing family planning services and what would be the best way to overcome the challenges.

❖ Consultation with sexual and gender minorities and people with disabilities

The SRHR needs, specifically family planning needs of sexual and gender minorities and people with disabilities are often neglected. To highlight the FP needs of these groups, Visible Impact conducted interviews with six people. The research brought forward the gaps in the policies and how the policies needed to be made more inclusive.

❖ Consultation with stakeholders and government

The Consultative Meeting on Family Planning “Together for FP 2020” was jointly conducted with Association of Youth Organizations Nepal (AYON). In this meeting, findings from the research conducted by Visible Impact and AYON were shared. Feedbacks from stakeholders working in the sector of family planning were received.



Ms. Nujan Sharma, Family Welfare Division



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Girls: Better After Quake

Since February 2016, with support from Accountability Lab, Visible Impact has been implementing “Girls: Better After Quake” program in *Kharanitar* village of *Nuwakot* district. The girls of the *Kharanitar* village were supported in their journey towards recovery through organization of monthly workshops, safe space meetings and community events.



Girls during ‘Trust Fall’ game in a workshop

In 2016, it completed one year of mentorship with fifteen earthquake affected adolescent girls. Using interactive tools and techniques the program was concerned in developing their leadership, public speaking and storytelling skills. The program focused on instilling confidence in the girls so that they can become the role models in their society and community.

The program scaled up in 2017 with recruitment of 18 adolescent girls. Few of the girls belonged to the previous batch who served as the mentors for the girls in the second batch. The program in 2017 focused on developing decision making, advocacy and accountability skills. They were also mentored on identification of social issues, roles and responsibilities of the local bodies and government. The leadership and change brought out by the program was highly appreciated by the community and the gate keepers.

❖ Psychosocial Support Program

The dreams of the girls in *Kharanitar* have been affected by the earthquake 2015. Therefore, Visim intended on assisting the girls on their road to recovery by providing them a seed grant which they could use to develop their skills and pursue their career. Eleven girls have been recruited under this program and have been provided a seed grant of Rs.10,000. The grant is disbursed in four allotment. The third allotment of



Girls of *Kharanitar*

of

the grant has already been disbursed.

Four of the girls have enrolled themselves in Science lab classes. Few girls are taking up tuition classes to get the extra help they need in their studies. Two of the girls are using up the seed grant to pursue their dreams of civil engineering. Music classes and driving lessons are also being taken by two of the girls. This has helped the girls to enrich themselves academically as well as pursue their dreams independently.



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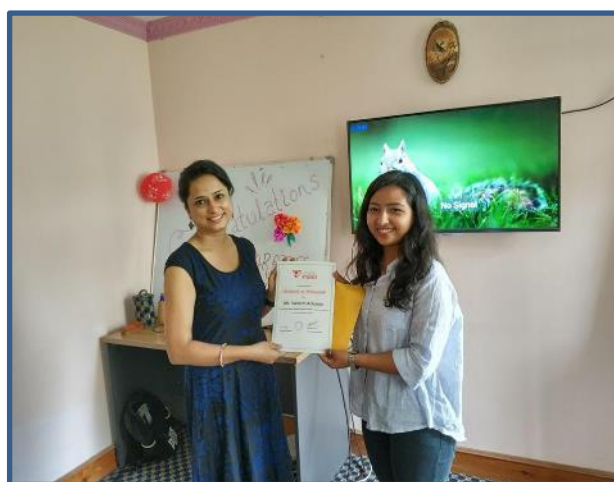
No Shame to Bleed

Since the launch of No Shame to bleed project in 2016, Visible Impact has been advocating for safer and healthier menstruation by enhancing knowledge, skills and participation for both boys and girls. It also aims to advocate with the government for formulating and implementing policies to eliminate all forms of discrimination that occurs with girls and women during menstruation. It conducted the following activities in 2018:

❖ Celebration of Menstrual Hygiene Day, 2018

As part of the campaign, Visible Impact marked Menstrual Hygiene Day 2018 by organizing a photo contest “Capture for Periods”. The contest was announced through the social media pages of Visim and called for photos that aligned with the theme of “No More Limits”. The photographs were evaluated based on the number of likes received on Facebook, the aesthetic appeal of the caption, relation of the photograph with the theme and the quality of the photograph. The winner had been awarded Rs. 7000/- as cash prize.

There were a total of 15 entries from both Nepalese and non-Nepalese contestants. The photographs were analyzed by 3 judges. The photographs were judged by Sandeep Gurung (Photographer), Shweta Mahato (Blogger on SRHR issue) and Medha Sharma (Thematic Expert). The winner of the contest was Miss. Swikriti Acharya. The winner was announced through the Facebook page of Visim on 28th May, 2018. The winner was awarded with the cash prize at Visible Impact Office on 1st June, 2018.



❖ School based workshops on MHM

Visible Impact is conducting school based workshop on Menstrual Health Management through its Sarathi program. “**Sarathi**” is a group of young people who are trained to deliver workshops on Menstrual Health Management. Sarathis conduct school based workshops on MHM with both boys and girls using interactive and youthful tools, which focuses on changes in puberty, anatomy and physiology of menstruation, practices to be adopted during menstruation, products used in menstruation, menstrual health friendly schools, etc.

❖ Graduation of second cohort of Sarathis

Ten young and enthusiastic volunteers completed their journey as Sarathis in the August of 2018. The Sarathis had successfully completed 17 workshops and reached out to more than 700 adolescents. They had conducted workshops in five districts of Nepal- Kathmandu, Lalitpur, Rasuwa, Sindhupalchowk and Tanahun. To mark their completion of their journey a graduation ceremony was organized which was filled with fun and moments of nostalgia.



Graduation of Second Cohort of Sarathis

❖ Recruitment of third cohort of Sarathis

Visible Impact recruited third cohort of Sarathis for the year 2018/2019. They were provided a 3 day Training of Trainers before they embarked on their journey as Sarathis. They have been now conducting school based workshops within the Kathmandu Valley and have even reached to the schools of Solukhumbu district. They have already reached out to 330 students of 11 schools in the year 2018. They are still in their journey as a Sarathi conducting workshops all over the country.

No Shame to bleed has not only helped young boys and girls receive knowledge and skills on menstrual health management that can be translated into every day skills, but also help them understand menstrual health as a right, so that they can act on and advocate about menstrual health. Having girls and boys together in the workshop ensures that they perceive menstruation as a natural process rather than a taboo, and boys who otherwise would not have any other platform to discuss about menstrual health, get a platform too.



MHM workshop in a school in Kathmandu



MHM workshop in a school in Solukhumbu

❖ **Blogging**

Sarathis have been writing and sharing their stories about concurrent issues to their first menstruation experience. These are published as blogs in the organizations website and shared in our social media accounts.

❖ **Learning Circle**

Visible Impact has established the system of learning through sharing within the organization. As part of the experience of Sarathi they are provided the opportunity to participate in learning circles. The learning circles are provided in different areas to develop their technical skills and also for their own personal development.

❖ **Support to Sahayam Nepal for pad distribution**

A fire broke down in the Palanta Rural Municipality of Kalikot on December, 2018 destroying 87 houses. Upon coordination with Sahayam Nepal, Visible Impact donated some amount for distribution of reusable pads to the women and girls as part of the relief materials.

Mid-term review and Staff Retreat

A mid-term review is carried out by all the staffs jointly in Visible Impact every year. The achievement, shortcomings and future opportunities are discussed and explored to better the performance of the organization and implement the leanings for future. To celebrate the togetherness and friendship within Visim a staff retreat was organized in the month of June. A night stay in Dhulikhel strengthened the bonds and also helped create new friendships.

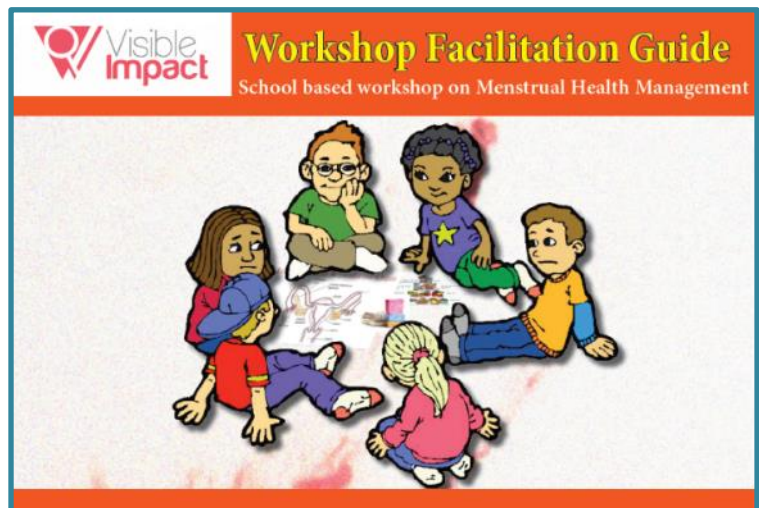


Staff Retreat in Dhulikhel

Publications



Workshop Facilitation Guide for School based workshop on Menstrual Health Management



Position papers on Safe Abortion, Comprehensive Sexuality Education, Marriage Equality

Partnership, Membership and Networking

Partners	Support to organization
Accountability Lab	Grant support for “Girls Better after Quake” Program at Kharanitar village of Nuwakot. Also, served as mentor for Accountapreneur program, and support organization for incubation, visibility, capacity development and networking.
Beyond Beijing Committee (BBC)	BBC is a network of women led and women serving organization. Visible Impact is a member of BBC, and is participating in various capacity development and networking programs organized by it.
Champions of Global Reproductive Rights (PAI)	Visible Impact has received grant support from PAI for advocacy activities related to provision of inclusive and youth friendly services for ensuring the government of Nepal fulfill its Family Planning 2020 commitments.
GIZ-S2HSP	GIZ Nepal has partnered with Visible Impact for the MenstruAction project. The project concerning empowering adolescent girls will be conducted in Bidur municipality of Nuwakot district.
Global Giving	Crowdfunding platform for “Girls Better after Quake” program, that supports to generate donations, and link the organization with donors. Also, provides the organization with capacity development support.
Helping Hands Kharanitar	Serving as local partner in Nuwakot for “Girls: better after Quake” program, by supporting to coordinate events and partnerships at the local level.
Janata Media Network	Media partner for speech competition during MHM Day.
Jasmine Hygiene Products	Provided Safety sanitary pads for distribution during MHM Day.
Karuna Foundation	Partnered for conducting school based MHM workshops in Rasuwa district.
MHM Practitioners Alliance	Platform for sharing and learning the best practices from practitioners of Menstrual Health Management, and advocating for safer and healthier menstruation.
Nepal Youth SDG Forum	Visible Impact is a member of Nepal SDG Youth Forum and has been contributing for mainstreaming youth in SDG process through various activities.
Nike Foundation	Provided the office support and seed fund for the establishment and institutionalization of the organization
Right Here Right Now Nepal	Grant for the advocacy activities relating to the provision of age appropriate comprehensive sexuality education, legalization of same sex marriage and provision of stigma free youth friendly safe abortion services.
Sarbornati Nepal	Technical assistance in program design, office design and layout, networking, capacity development and visibility.

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