

ANNUAL REPORT

2024/25



Message from President



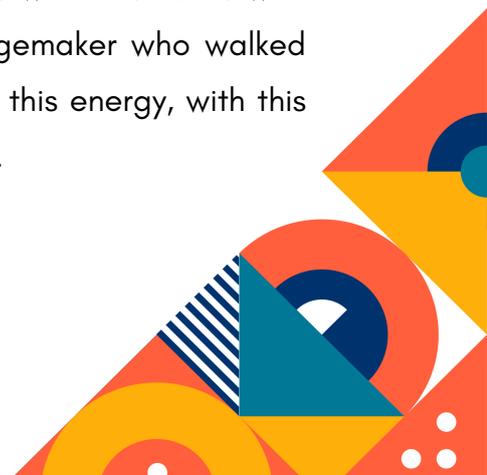
Ms. Medha Sharma
President

Ten years ago, a small group of young people dared to dream of a Nepal where girls, women, and youth could lead boldly, speak freely, and claim their rights without fear. That dream became Visible Impact. And today, looking back, I am both humbled and energized by how far we have come together. This was not just another year - it was a year of milestones. We celebrated an incredible decade of Visible Impact !

This year, we also geared with Nepal's first AI-powered chatbot on safe abortion to showcase that technology, when rooted in feminist values, can make information accessible. We connected with global allies through Kaleidoscope initiative, amplifying the South's voice for reproductive justice. And in a small corner of Gorkha, Chepang girls took to the stage, leading conversations on menstruation and dignity reminding us that change begins at the grassroots, and ripples outward. We've danced in flash mobs demanding justice, debated policies in provincial halls, spoken ground realities at the UN, while at the same time holding our own office space for laughter, creativity, celebrations, and togetherness.

But this is not about numbers or events: it's about people. The youth champions who stood in classrooms and communities. The healthcare providers who were eager to integrate adolescent friendly health services in their work. The girls who, some perhaps for the first time, said out loud: "My body, my choice." The allies who trusted us with resources and solidarity. To every partner, supporter, and changemaker who walked this journey with us, thank you. The road ahead is long, but with this energy, with this community, I know the next year, next decade will be even bolder.

Here's to more courage, more joy, and more visible impact.



Visible Impact's 10th Anniversary

This year Visible Impact proudly marked its 10th anniversary with a celebratory gathering that brought together almost 80 to 85 individuals including our board members, alumni, current members, and well-wishers to honor a decade of transformative impact and achievements. The program served as both a reflection and a celebration, highlighting key milestones from our journey our growth as an organization, the meaningful contributions made in advancing rights and opportunities, and the collective dedication that has shaped our success over the years. A special highlight of the event was the address by our President, Ms. Medha Sharma, who shared insights on the vision that guided Visible Impact since its inception, the challenges overcome, and the proud accomplishments achieved during the past decade. She also inspired the audience with aspirations for the future, reinforcing VISIM's unwavering commitment to continue creating spaces for meaningful engagement, empowerment, and change.

More than a celebration, the event became a platform for reconnection and renewal—bringing together alumni to share their journeys, honoring the collective progress made, and reaffirming our shared commitment toward Visible Impact's continued journey ahead.



Celebrating 10 years milestone of Visible Impact

About Visible Impact

Visible Impact (Visim) is a young-women-led not-for-profit company that aims to create a **'visible impact'** in the lives of youth, adolescent girls and women and their immediate families and communities, with a focus on leadership development, advocacy, and realization of their sexual and reproductive health and rights.



Established 10 years ago in 2015, Visim has been able to reach 66000+ adolescents and youth directly. 700+ social champions have been empowered to be the voice in the community—advocating for sexual and reproductive health and rights, leading towards community-led local development. Going by the evolving trends in digital innovation, Visim has also extensively used social media initiatives over these years, with 46 million reaches. Visim has managed around 51 small and large projects till date with funders including Government, UN Agencies, bilateral agencies, international and national non-governmental organizations, youth groups, etc.



Our Vision

Every Girl,
Every Woman,
Every Youth



Our Mission

Unleash the social
and economic
leadership of girls,
women, and youth
through human
centered approaches



Theory of Change

Innovative approach
X
Beneficiary
Engagement
=
Visible Impact

Non-Negotiable Values

Human rights are always at the core.

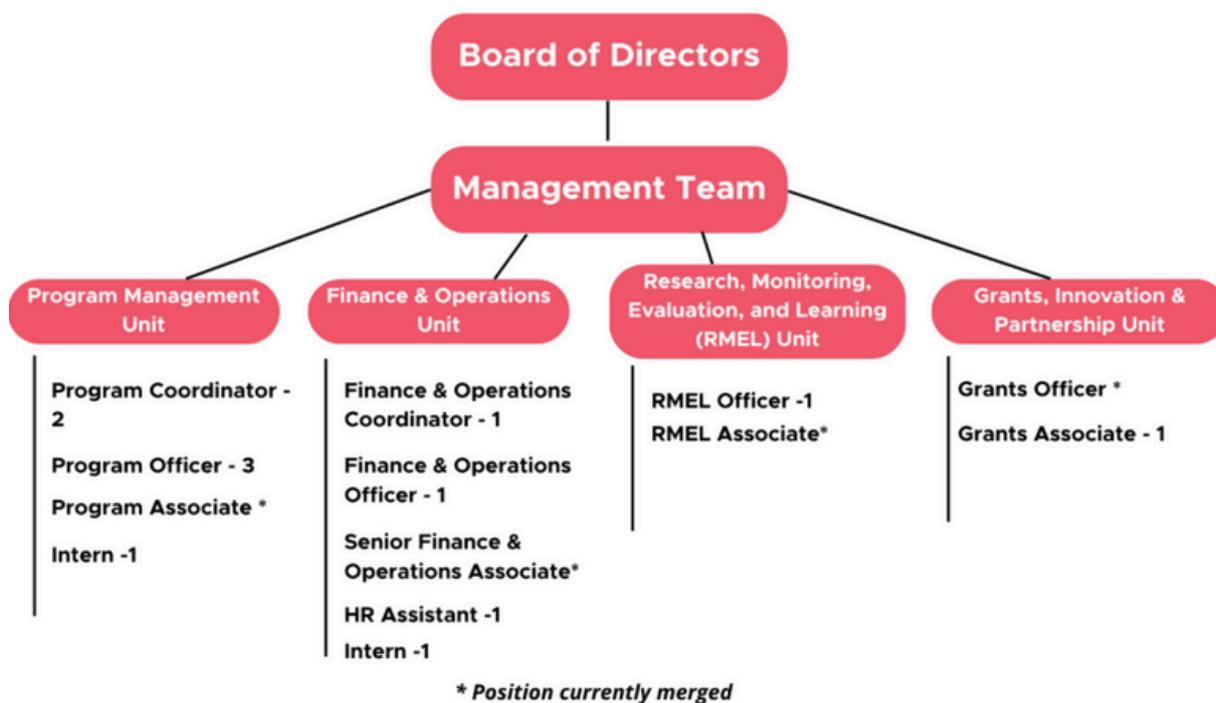
Ensure and promote meaningful and inclusive youth participation.

Feminist principles are always fulfilled.

Organizational Profile

Visible Impact is a young women-led organization.

Our board consists of 80% youth and 60% women, with a woman leading as the President. Our staff consists of 80% female, and 100% young people. Visim's organizational structure is shown in the image below:



Social media Presence



Facebook (9.4 K followers)



YouTube (1.26 k subscribers)



LinkedIn (769 followers)



Twitter (208 followers)



Instagram (1550 followers)



TikTok (113 followers)

Visible Impact's Geographical Reach in 2045/25



 District reached in this FY

Visible Impact's 2024/25 in number

114

Number of Youth
Champions unleashed

4425

Number of community
people reached by our projects

6

International platforms
participated

61

Number of Health service
providers trained

OUR PROJECTS

IMPROVING ACCESS TO INFORMATION AND SERVICES IN NEPAL WITH AN AI-BASED CHATBOT

Project Overview

Improving Access to Information and Services in Nepal with an AI-based chatbot is an initiative by Visible Impact in partnership with Nepal Applied Mathematics and Informatics Institute for Research (NAAMII) and Diyo.AI. The chatbot is designed to be bilingual which can respond to factual queries related to abortion in English and Nepali i.e in Devanagari as well as Romanized script. The initiative targets the population who are not accustomed to navigating website to obtain certain information and are comfortable communicating in Romanized script of Nepali language, which is mostly used in informal social media chats. The chatbot also facilitates for those who are hesitant to make abortion related conversations to humans because of taboos or stigma and would rather opt for unreliable sources of information and services.

The key objective of this project is

- To create a fundamentally new, efficient and inclusive chatbot that could simplify the process of accessing safe abortion-related information and services.



National Consultation with stakeholders on safe abortion and AI-based chatbot - Amplify Change



Key Activities

1. National Consultation with stakeholders

On 16th August 2024, a national level consultation was conducted at Hotel Le Himalaya, Lazimpat. A total of 23 representatives from reputable organizations working in the field of women's health, sexual and reproductive health rights and beyond, were present. The legal and ethical concerns surrounding safe abortion and the AI-based chatbot, contents of chatbot and strategies for sustainability through collaboration with government were discussed. Recommendations from the representatives were made to further enhance the safety, accuracy, and quality of contents fed to the chatbot.

Similarly, a discussion activity on integrating Reproductive, Maternal, Neonatal & Child & Adolescent Health (RMNCH) database and safe abortion service sites into the safe abortion chatbot was held on 2nd September at Family Welfare Division (FWD), Teku. A total of 25 representatives from FWD, NHEICC, WHO and Saipal Technologies and MCGL were consulted. Agreement was made for the proposed integration and possibility of ownership of AI-based safe abortion chatbot by the government was acknowledged.



National Consultation with stakeholders

2. Knowledge Bank, Content Writing and Finalization

The Service points of safe abortion like MSI, FPAN were consulted for the 'Frequently Asked Questions' they often get from beneficiaries. A knowledge bank was created with information obtained from stakeholders and the expertise of our consultants, consisting of as much relevant information on safe abortion services as possible. Two meetings were held at NHEICC hall, Teku where each meeting had the presence of 25 representatives from divisions like NHTC, NHEICC, FWD and NSSD and CSOs like FPAN, BBC along with Diyo.AI, NAAMII, Visible Impact. The feedback was taken from all representatives on the knowledge bank created and necessary revisions were made. The content to be included in safe abortion chatbot was finalized.



Meeting with stakeholders regarding the Knowledge Bank, Content Writing and Finalization



Impact

- A comprehensive knowledge bank was created, which includes information on general abortion health, legal and ethical aspects of abortion, myths and facts regarding abortion, consent and confidentiality, medical and surgical abortion, contraceptive options, service centers, emergency contacts for abortion information services and contraindications of abortion.
- The government's agreement on integration and ongoing discussions regarding ownership paved a path for a collaborative effort to utilize AI in advancing reproductive health services.
- An AI-based chatbot that could respond to abortion related queries in a language and script convenient for young/adolescent people was created. The process of using the chatbot among closed groups, identifying gaps and correcting continuously before administering it to the main population is ongoing.

594

People directly reached and oriented about the Abortion Chatbot

1098

People actively engaged in conversations through the Abortion Chatbot

Success Story

"The concept of the AI-based abortion consultation chatbot has proven to be very effective. It has made it easier for everyone to access reliable information about abortion. This chatbot has been especially helpful in providing clear guidance on safe abortion for women, ensuring that accurate and supportive information is readily available when needed."

- One of the user of Abortion Chatbot

KALEIDOSCOPE

Project Overview

Kaleidoscope is a transregional collective of feminist organizations in the Global South, dedicated to strengthening health systems for Sexual and Reproductive Health, Rights, and Justice (SRHRJ), with a focus on safe abortion access in Asia and Africa. The collective includes the Asian-Pacific Resource and Research Centre for Women (ARROW), Mobilizing Activists around Medical Abortion (MAMA) Network, Women's Global Network for Reproductive Rights (WGNRR), and the Global Fund for Women (GFW), along with country partners in Nepal, India, Benin, and Kenya. In Nepal, the initiative involves Visible Impact and Beyond Beijing Committee (BBC) as country partners.

The Objective of this project is

- To strengthen health systems so that all people who can get pregnant have access to safe, comprehensive, and quality abortion care within just and inclusive health frameworks free from stigma, discrimination, or violence in targeted intervention areas.



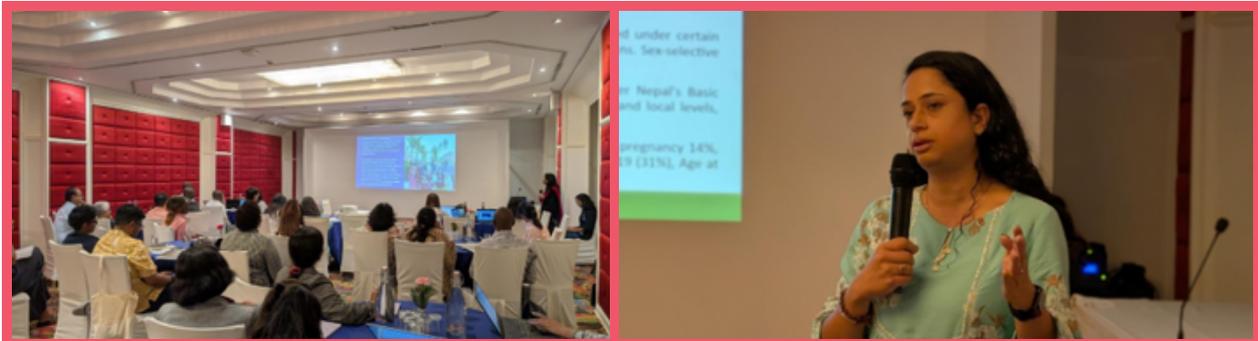
Global Launch of Kaleidoscope initiative held in Kathmandu on 4th April 2025



Key Activities

1. Annual Planning Meeting

From 1st to 3rd August 2024, a three-day planning meeting for the Kaleidoscope initiative was held in Nepal, bringing together consortium members and national partners from the four implementing countries: Benin, India, Kenya, and Nepal. The meeting focused on developing detailed plans for upcoming baseline activities to be carried out by national partners in each country. These baseline efforts will provide critical insights that will shape the initiative's strategic direction over the next four years. Specifically, the findings will guide activities related to capacity strengthening, fostering connections and shared learning, advocacy and influencing efforts, and overall movement building. The meeting served as a key step in aligning all stakeholders on priorities, timelines, and collaborative approaches to advancing Sexual and Reproductive Health, Rights, and Justice (SRHRJ) in the Global South. It emphasized collective planning and coordination to ensure the effectiveness and sustainability of the Kaleidoscope initiative's long-term impact.



Annual Planning Meeting held from 1st to 3rd August 2024

2. Global Launch

The global launch of the Kaleidoscope initiative took place on 4th April 2025, in Kathmandu, with 101 participants including government officials, UN agencies, and civil society organizations. Chaired by Dr. Bibek Kumar Lal and Dr. Tanka Prasad, the event aimed to advance access to safe, quality comprehensive abortion care and broader Sexual and Reproductive Health Rights and Justice (SRHRJ). Presentations from Nepal, Benin, and Kenya explored national CAC landscapes. Panel discussions emphasized financing SRHR amidst shrinking funding and the importance of local partnerships for health system strengthening and stigma-free access. The initiative is led by ARROW, WGNRR, MAMA Network, Global Fund for Women and partners in India, Nepal, Benin, and Kenya. The launch was organized by Nepal's Family Welfare Division, with participation from government bodies and SRHR organizations across the four countries, highlighting Nepal's progressive 2018 Safe Motherhood and Reproductive Health Act.



Global launch of Kaleidoscope initiative held on 4th April 2025

3. Meeting for orientation to staff and formation of guiding principles

The Kaleidoscope Staff Orientation Meeting took place from 19th to 21st May 2025, as a 2.5 day residential event, bringing together 15 participants from Nepal's implementing partners, Visible Impact and BBC, with technical support from ARROW. The orientation aimed to foster a shared understanding of the initiative, strengthen team cohesion and align plans for the baseline year. Our president, Ms. Medha Sharma, also served as lead facilitator and designed and led key sessions on expectation setting, activity planning, governance structures, committee formation, and risk mitigation.



Orientation Meeting for Kaleidoscope Staff from 19th to 21st March 2025

4. Kickoff Meeting with Provincial Health Directorate

The Kaleidoscope Initiative kick-off meeting was held on 5th June 2025, at Welcome Hotel, Janakpur, organized by the Provincial Health Directorate (PHD) of Madhesh Province with support from Visible Impact. It brought together key stakeholders, including provincial health officials, senior healthcare providers, and development partners. The meeting aimed to introduce the initiative, gather feedback on municipality selection, and assess the landscape of safe abortion services. The meeting concluded with strategic planning for the initiative's rollout in Madhesh Province.



Kickoff Meeting with Provincial Health Directorate on 5th June 2025

5. Coordination and information collection

Our Provincial Coordinator has coordinated with the Health Office of all eight districts of the Madhesh Province to collect necessary information and data on the status of the safe abortion service in the Madhesh Province. These data will be helpful in the process of selecting the local government where the baseline survey for the Kaleidoscope initiative will focus.



Impact

- The staff orientation meeting resulted in the finalization of detailed Year 1 activity plans, enhanced clarity on governance structures and roles, and consensus on program management and advisory mechanisms. It also led to the refinement and alignment of PMEL and logical frameworks, the identification of key project risks with corresponding mitigation strategies, and a renewed sense of motivation and commitment among all stakeholders.
- The kick-off meeting with PHD fostered strong alignment and commitment from provincial leadership and partners, reinforcing collective support for improving safe abortion services and broader SRHR efforts in Madhesh. It also led to a more context-sensitive and collaboratively refined framework for selecting target municipalities, shaped by local insights and stakeholder input.

MENSTRUAL HEALTH MANAGEMENT (MHM) IN CHEPANG GIRLS

Project Overview

MHM in Chepang Girls is an initiative by Visible Impact in partnership with Barak Obama Foundation under the Girls Opportunity Alliance Program. The initiative targets adolescent girls from the Chepang community in the Gorkha District, aiming to provide activism skills and leadership opportunities in a way that is empowering, inclusive, and relevant to their context. It seeks to address the severe challenges faced by this marginalized community especially regarding menstrual health and SRHR due to cultural taboos, high illiteracy rates, and lack of resources, through empowering girls to confidently advocate for their rights.

The key objectives of this project are to:

1. Enhance menstrual health management skills among students and community members of the Chepang community by cascading the learning from youth champions.
2. Strengthen the leadership qualities of youth champions by engaging them in various activities.
3. Document and showcase the voices and experiences of the Chepang community through a video highlighting their realities, challenges, and resilience.



Left: Community sessions being conducted by Youth Champions of Chepang Community of Ward 7, Right: Community sessions being conducted by Youth Champions of Chepang Community of Ward 6



Key Activities

1. Activism by Youth Champions:

Twenty youth champions and four local coordinators from the Chepang community were trained on SRHR and MHM in the earlier fiscal year. Following the training, the youth champions led monthly sessions in schools and communities on topics such as MHM, Family Planning, Early Marriage, and Teenage Pregnancy, under the guidance of local coordinators. For sessions on Family Planning, nurses from their respective wards assisted to ensure accurate information and address community concerns.

In this fiscal year, with two months of their tenure remaining, the youth champions have already conducted 11 sessions (both school and community) across four different wards of Gandaki Rural Municipality. These activities have played an important role in increasing awareness, addressing local concerns, and empowering the community through accurate SRHR information.



School Sessions conducted by Youth Champions from Chepang Community

2. Safe Space Meeting

Each month, youth champions and local coordinators held meetings to update each other on activities, discuss challenges, and plan upcoming sessions. A total of eight meetings were conducted this year, providing a supportive space where members could also share personal challenges within the group. This helped them feel heard, supported, and more connected, ultimately strengthening their coordination and effectiveness in community engagement.



Safe Space Meetings conducted by Youth Champions from Chepang Community



Monitoring visit of sessions conducted by Youth Champions of Chepang Community

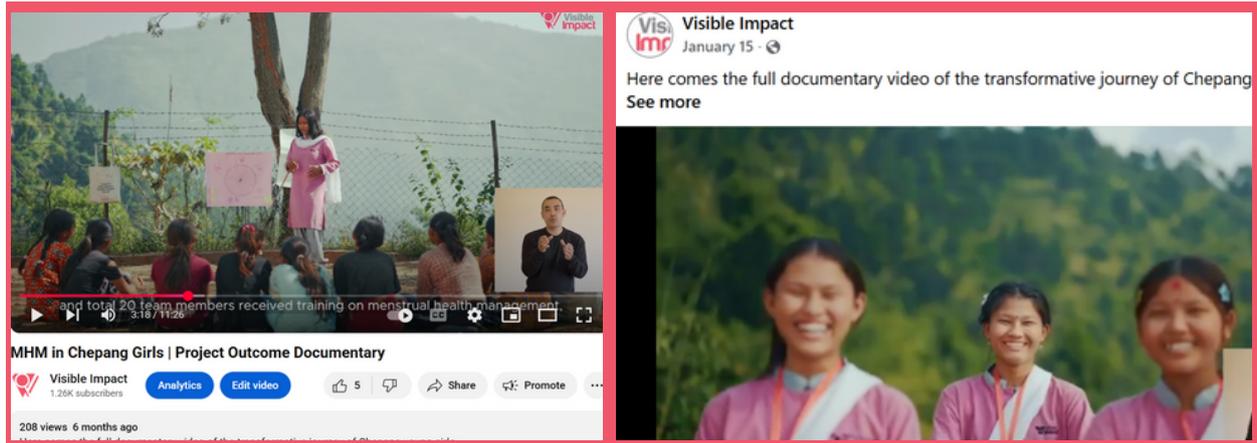
3. Monitoring Visit to the site:

To assess progress and identify challenges faced by the youth champions, the Visible Impact program team conducted monitoring visits to the project site. The first visit took place within the first two months of the youth-led activism sessions, focusing on observing session management, delivery quality, and providing constructive feedback for improvement. The second visit, conducted in the final month (September) of the youth champions' tenure, revealed notable improvements in facilitation skills, content delivery, and overall leadership among both youth champions and local coordinators.

4. Documentary video highlighting Chepang community:

A documentary video was produced to showcase the project's impact and highlight the stories of the Chepang community, one of Nepal's most isolated groups. The video aimed to raise awareness about their challenges and bring their voices to a wider audience. Created at the end of the project's tenure, it was shared across multiple social media platforms, including Facebook, YouTube, Instagram, LinkedIn, and Twitter, and featured sign language interpretation for accessibility.

The video https://youtu.be/XRVREvXCFgk?si=FBln_Lo55lW75NEV reached over 4,500 people through views, likes, comments, and shares.



Documentary Video highlighting the Chepang Community



Community Course completed by one of the Youth Champions via Financial Support from Visible Impact

5. Leadership activities for the youth champions

As part of the initiative, youth champions and local coordinators were supported to pursue skill-based training of their choice, mostly computer courses, along with beauty parlour and tailoring training. While scheduling conflicts limited participation, two local coordinators and five youth champions completed computer training, and one coordinator used the support for higher studies.

6. Project Dissemination and Stakeholder Dialogue Meeting

A dissemination and stakeholder dialogue meeting was held to share project outcomes and discuss future directions. Stakeholders expressed appreciation for the project's positive impact in the Chepang community and recommended expanding initiatives focused on awareness, education, health, and financial empowerment. Commitments were made to support further studies of one Youth Champion and to continue advocacy on menstrual health management and early marriage prevention.



Project Dissemination Meeting held with stakeholders from Gandaki Rural Municipality



Impact

- Supported five Youth Champions and two local coordinators to pursue basic and diploma-level computer courses, enhancing their technical skills for future opportunities. One local coordinator received support to pursue higher studies, contributing to her personal and professional growth.
- Recognition from local government officials by their remarks in the project dissemination meeting

200

Adolescents and Adults
through activism sessions

4500

People through the project's documentary
video via views, likes, comments, and shares.

Success Story

"I am very happy to see these girls' making effort for their brighter future. I know that girls from this community face a lot of challenge to continue their higher education because of poverty. After Babita (a youth champion) has completed her Secondary Education Examination, if she faces any problem regarding continuing her education, I will support her to study in Scholarship."

- Ward Chairperson of Ward number 7 of Gandaki Rural Municipality



NATIONAL CSE ADVOCACY COALITION

Project Overview

National CSE Advocacy Coalition is a network of organizations working in the field of Comprehensive Sexuality Education (CSE). The project has been under the technical and financial support of UNFPA, Nepal. The coalition was established in 2022, where each second year of the tenure a new Co-chair is elected from the core working group while the previously appointed Co-chair takes the responsibility of the Secretariat. While the year 2024-25, the secretariat position has been secured by Visible Impact and Co-chair by SOCHAI. The coalition aims to consolidate, coordinate and improve collaboration among relevant stakeholders to ensure creating an enabling political and socio-cultural environment that supports CSE at the federal, provincial, and local levels, and promoting the delivery of quality CSE that promotes human rights and gender equality in and out of school. The initiative targets key stakeholders, which are government, young individuals and CSOs associated with the coalition to provide enabling environment for the proper implementation and delivery of CSE in a way that is more inclusive, attainable and age appropriate. Through innovative and contextual approach, the project seeks to include CSE in comprehensive manner for young individuals to empower and to equip individuals with informed decision-making skills.

The key objective of this project is to:

1. To create an enabling political, socio-cultural, and institutional environment for the delivery of quality comprehensive sexuality education to build knowledge, positive attitude, skills, and values in children, adolescents, and youth through strengthening of the CSE movement in Nepal.



Post National CSE Conference Roundtable Discussion



Key Activities

1. Social Media Campaign

On 16th July 2024, the National CSE Advocacy Coalition launched a robust social media campaign to promote accurate and comprehensive information on CSE via Instagram and Facebook, achieving notable milestones throughout the year. The digital platform accentuated in dissemination of information regarding CSE to reach broader audience beyond just school environment. The social media platform brought up a space for the authentic information flow on CSE and its component, highlighted various health events and shared the activities conducted by Coalition. The coalition emphasized the celebration of important event such as 16 days of activism against Gender Based Violence, Menstrual Hygiene Day, Pride Month, Safe abortion day through digital campaign either through involvement of renowned public figure or through generating message from the grassroots level.

2. Post National CSE Conference Roundtable Discussion

On 1st December 2024, a Post National CSE Conference Roundtable Discussion was organized. This discussion aimed to enhance accountability for commitments made during the national CSE conference. Chaired by former Minister of MoEST Ms. Bidya Bhattarai, with panelists from CEHRD, CDC, FWD, MoWCSC and organizations, the discussion covered CSE's historical evolution, its role in addressing child marriage and GBV, and commitments for its effective implementation. Key commitments included integrating CSE as a compulsory subject (Grades 4-12), enhancing teacher training, ensuring digital safety education, supporting marginalized communities, and advocating year-round against GBV. The event underscored the significance of CSE in promoting gender equality, addressing GBV, and empowering youth, while identifying gaps that required immediate attention to ensure a holistic, inclusive, and sustainable approach.



Post National CSE Conference Roundtable Discussion

3. Consultation event on Integrating CSE and SRHR in CEDAW Shadow report

On 19th December 2024, a consultation event was held to discuss integrating Sexual and Reproductive Health and Rights (SRHR) and CSE into the CEDAW Shadow Report. The event was attended by 34 participants, including core members of the National CSE Advocacy Coalition and the Reproductive Health Rights Working Group. The workshop facilitated in the reflection of the sixth CEDAW report and guided group discussion on Menstrual Health, General SRHR, CSE and Safe Abortion. Accentuating on the status, challenges faced and the key recommendations, a Shadow Report was developed with the collective effort of the CWG members and task committee.



Consultation event on Integrating CSE and SRHR in CEDAW Shadow report

4. Consultation meeting for the Curriculum development and finalization

The consultation workshop on the National CSE/Health Curriculum was held on 17th February 2025 with the participation of 25 representatives from the core working group and NHEICC consultants. The workshop focused on reviewing the existing curriculum to address gaps, ensure age-appropriate and gender-transformative content, and advocate for necessary revisions. Discussions highlighted the need to integrate mental health, SRHR, and life-cycle health promotion, while adopting interactive and behavior-changing approaches. Innovative tools and methodologies were shared, and group discussions identified evidence-based recommendations across different grade levels. The consolidated feedback will guide further advocacy with CDC and CEHRD for curriculum improvement and effective implementation.



Consultation meeting for the Curriculum development and finalization

5. Curriculum Development Workshop on Health and Physical Education, Grades 9 and 10

The Health and Physical Education curriculum aimed at providing theoretical and practical knowledge and skills that will help to prepare competent and productive citizens who are aware of health and could be healthy. On 7th to 8th May 2025, Coalition brought together stakeholders from various sectors, including government institutions, academia, development partners, and freelancers, to review and revise the Health and Physical Education curriculum for grades 9 and 10. The workshop concluded with the inclusion of the previous subject areas, health promotion and awareness education, school health services and nutrition, diseases, environmental health science, exercise, yoga, etc. have been included in this curriculum. The workshop successfully provided an opportunity for development of the preliminary framework of a revised Health and Physical Education curriculum.



Curriculum Development Workshop on Health and Physical Education, Grades 9 and 10



Final Periodic Meeting with core working group members

6. Periodic meeting

National CSE Advocacy Coalition conducted periodic meetings among the core working group members aiming to strengthen CSE movement and for its sustainability. Periodic meeting provided a platform to share the updates on the activities achieved by the coalition and aids in strategizing initiatives for the fulfilment of the activities to be accomplished shaping in better framework. As one of the agenda of the periodic meeting, Coalition formulated the advocacy agenda.

7. Chair and co-chair meeting

With every quarter a close meeting with the chair and co-chair was organized to facilitate the smoothness of every event and meeting occurring. Chair and co-chair meeting facilitates preparatory actions for the upcoming events with shared responsibilities and delegation.

8. Residential workshop on Advancing Comprehensive Sexuality Education: Reflecting strategic priority and approach in current context

Two days residential workshops was held on 7th & 8th of May 2025, at Bhadgaon, Bhaktapur. The workshop aimed at deepening the understanding of core working group members on CSE with the reflection on landscape of CSE in national and regional context and further aided in strategizing the initiatives to be led. The platform also aided to share the current initiatives and planned strategies of government through the representatives from FWD, CEHRD, CDC, Nursing and Social Security Division. The workshop further facilitated in revisiting of the Strategic plan of National CSE Advocacy Coalition to strategies the initiatives and frame to objective of the coalition through more effective and efficient implementation plan.



Residential workshop on Advancing Comprehensive Sexuality Education: Reflecting strategic priority and approach in current context

9. CSE Technical Working Group Meeting

On 28th April 2025, Coalition organized a Technical Working Group meeting on CSE at CEHRD, Bhaktapur, chaired by Mr. Mahendra Parajuli, Deputy Director General of CEHRD. The meeting brought together government officials, UNFPA, CSOs, and coalition members to share updates on CSE and School Health Program initiatives, highlight achievements, and discuss curriculum review recommendations.

Key discussions emphasized mainstreaming CSE into policies and programs, strengthening teacher capacity, integrating health as a compulsory subject, and ensuring inclusivity through gender and disability perspectives. UNFPA's support in policy advocacy, capacity building, and peer education was highlighted, while coalition members and CSOs shared their ongoing activities and tools. The meeting concluded with a strong call for coordination among stakeholders to bridge information, delivery, and capacity gaps for more effective CSE implementation in Nepal.



CSE Technical Working Group Meeting held on 28th April 2025

10. Theatre Based Techniques (TBT) for Social Norms and Behavioral Change

From 4th to 9th July 2025, we successfully organized the national level "Act Out for Impact: Theatre Based Techniques for Social Norms and Behavioral Change" training in Kathmandu. Building on the regional TBT training conducted in Bangkok in 2024, the program was facilitated by the two trained Nepali representatives, Ms. Manisha Thapa and Mr. Nishant Kumar. Over five days, from 4th to 9th July 2025, a cohort of 12 young participants (with at least 50% female representation) were equipped with theatre-based techniques & participatory drama methodologies to strengthen their advocacy on CSE. The training not only enhanced participants' knowledge and skills but also culminated in the development of a theatrical act to effectively communicate key messages on CSE within communities.



Theatre Based Techniques for Social Norms and Behavioral Change conducted from 4th to 9th July 2025



Impact

- Through consultative meetings, the Coalition successfully contributed to the CEDAW Shadow Report by highlighting CSE and providing concrete recommendations.
- By actively participating in curriculum review and consultation processes, the Coalition advocated for curriculum revisions and strongly urged for Health to be recognized as a compulsory subject.
- Close coordination with Technical Working Group (TWG) members, including government representatives, created opportunities to reinforce the importance of CSE and ensure its effective implementation at all levels.

205

Stakeholders reached directly for various meetings and workshops

67,119

Digital Reach & Engagement

Success Story

"The theater training focused on CSE and SRHR, which we explored through drama. It was a new and exciting experience for me because it combined learning with creativity. At first, we were introduced to the basics of CSE and SRHR. Later, we moved into drama skills—script writing, role division, acting, and rehearsals. As a visually impaired participant, body posture and stage movement were tough at first, but with support from facilitators and friends, I grew more confident. On the final day, performing our drama felt powerful. I realized that theater is not just about acting- it is a strong way to raise awareness and spark conversations on sensitive issues. This training gave me new skills, confidence, and inspiration for future advocacy."

- Madan Rokaya (One of the trainee from TBT training)

"From the Theatre Based training organised by the National CSE Coalition we learned how interactive theatre acts can serve as a powerful tool for social impact. We learned to communicate messages with our body languages, develop stories that reflect the lived experiences of adolescents and communities and use emotions to convey narratives that spark reflection and dialogue. By combining knowledge of CSE with the theatre, we learned to perform acts that highlight real-life challenges such as stigma, gender inequality, and lack of access to information. We learned to transform our emotions, expressions, and stage performances to advocate for change."

- Preeti Kafle (One of the trainee from TBT training)



NEPAL APFSD YOUTH ALLIANCE (NAYA)

Project Overview

NAYA is a platform created by individuals and organizations that are actively engaged in APFSD Youth Forum since 2021. Visible Impact serves as a secretariat of this alliance. It was established with a vision to engage young people at the forefront of Sustainable Development Goals. Currently, NAYA consists of 11 Working Group Members and more than 400 members from across the country. NAYA organizes and collaborates with like-minded organizations on activities that encourage youth focused discussions on issues related to advancing Agenda 2030 for Sustainable Development. NAYA also ensures gender inclusivity, and SRHR are highlighted in the Sustainable Development Goals (SDGs) review processes at the national and sub-national levels. NAYA also ensures gender inclusivity, and SRHR are highlighted in SDGs review processes at the national and sub-national levels.

The key objective of this initiative is

1. To localize SDG discussions held at regional and global levels, and to amplify key messages and recommendations from Nepali youths to platforms of all levels simultaneously.



NAYA's Youth Representation at APFSD 2024



Key Activities

1. SRHR and Climate Convo

The COP29 debrief was held under the activity 'SRHR and Climate Convo'. The event was held on 5th December 2024 with over 50 young participants. A series of presentation was given by delegates of COP29 and its key outcomes, that offered a foundational understanding of global climate framework and Nepal's role in it.

It was followed by a panel discussion with the representatives from CSOs that are working in the field of climate change, social inclusion, SRHR and gender, and a meaningful discussion on how climate change intersected with all these factors was held. The event provided an excellent platform for young climate enthusiasts to learn, discuss, and engage with the critical outcomes of COP29.



COP 29 debrief event organized on 5th December 2024

2. One-on-one meeting with concerned Ministries

There were two meetings conducted with concerned ministries. One was conducted on 13th November 2024 with Ministry of Women, Children and Senior Citizens. Two representatives from the Ministry and three representatives from NAYA network were in the meeting. The officials were updated about NAYA and its activities. A brief update on programs and policies by the Ministry was given by ministerial representative. It was decided that formal communication regarding all the activities and any information required will be done majorly through email and a focal person was chosen for the same from the Ministry. The second meeting was held online, with Provincial Planning Commission (PPC) Karnali Province on 13th January 2025. Three representatives from NAYA network and one representative from PPC, Karnali province attended the meeting. The meeting focused on integrating youth-focused programs and policies in Karnali province and a need to have a collaborative effort from NAYA, NGOs at local levels like SAADA, CACMA, and the federal government to make sure youth's voices are incorporated in planning process at all levels.



Left: One to One meeting with Ministry of Women, Children and Senior Citizens, Right : One to one meeting with PPC Karnali Province



High- Level Dialogue held on 11th April 2025

3. High-Level Dialogue 2025

The High-Level Dialogue 2025 was held on 11th April 2025 at Basera Boutique Hotel Singha Durbar and was jointly hosted by YUWA and Visible Impact. There were 55 participants including stakeholders from different ministries, governments, organizations and youths. Through panel discussions, youth presentations, and open dialogue, event focused on the importance of youth involvement in policy making, need for the accountability from all governmental tiers & non-governmental stakeholders and the value of strong partnerships to reach SDGs.

The dialogue highlighted the crucial role of youth engagement in SDG achievement, appraised the performance of some local level governments like Dhulikhel which are aligning their policies and budget with SDG targets, and identified the need to focus on provinces like Karnali that face structural barriers like youth migration, poor infrastructure and lack of employment opportunities.

4. Youth Conclave 2025

On 31st January 2025, the fourth youth conclave took place virtually. More than 100 youths from all seven provinces attended the conclave from wide range of backgrounds. The main theme of the Youth Conclave was to review the goals that would be reviewed at HLPF and APFSD 2025 and draw youth recommendations.



4th Youth Conclave held on 31st January 2025



Impact

- NAYA produced an outcome document from its fourth National Youth Conclave called 'Call to Action for APFSD 2025' that encompassed issues, challenges and recommendations from young people of Nepal for SDGs being discussed and reviewed in APFSD and HLPF later that year.
- A platform was created to foster the dialog between policymakers and youths of Nepal where progress on SDGs and outcomes from APFSD were discussed.
- Several social media engagements campaigns were launched that reached hundreds of youths and sensitized them on important global and local SDG issues.
- NAYA members participated in national and international forums and spoke the voices of Nepali youths on SDG, climate and other important issues.

205

People reached through Conclave
and Convo

7104

Digital Reach & Engagement

Success Story

"Our collaboration with NAYA has played a key role in amplifying youth perspectives in national and regional policy spaces. NAYA has consistently opened strategic spaces for collective advocacy, where YASEN got the chance to mobilize grassroots energy to ground those agendas in real community realities."

- Dikshya Subedi, YASEN & She Changes Climate (One of working group member of NAYA)

NO SHAME TO BLEED (NSTB)

Project Overview

No Shame to Bleed is an initiative by Visible Impact, launched in 2016. Each year, ten Sarathis are selected to undergo an extensive Training of Trainers (ToT) program on menstrual hygiene management. To date, around 80 youths have been trained directly through this initiative as Sarathis. The initiative targets adolescents and youth, aiming to provide comprehensive menstrual health education, practical skill-building, and advocacy opportunities in a way that is inclusive, interactive, and youth-led. It seeks to address menstrual stigma, taboos, and gender inequality through innovative and contextual approaches, empowering both boys and girls with accurate knowledge and skills.

The key objectives of this project are to:

1. Promote proper menstrual hygiene management among adolescents and youth through education.
2. Build practical skills and advocate for improved access to affordable menstrual products and facilities.
3. Train youth to become advocates for menstrual health and collaborate with policymakers to implement policies eliminating discrimination against girls and women during menstruation.
4. Dispelling myths and reducing stigma surrounding menstruation.



Batch VIII Sarathis



Key Activities

1. School based workshops by Batch VII Sarathi's

Under the "No Shame to Bleed" project, Batch VII Sarathi's, a team of ten youth champions, conducted a total of 46 workshops for adolescents in various schools within and outside the Kathmandu Valley. The workshops covered important topics including adolescent changes during puberty, female reproductive anatomy, menstruation physiology, risky behaviors and their complications, as well as common discomforts during menstruation and effective management strategies. To dispel myths surrounding menstruation, the Sarathi's used games and youth-friendly tools to address common misconceptions. The workshops also assessed the menstrual health-friendliness of school infrastructures using a checklist. Beyond schools, the Sarathi's extended their reach to marginalized adolescents, including students with disabilities and individuals in orphanages, primarily targeting the 10-14 age group. This activity was important to ensure that all adolescents have access to essential menstrual health information and resources, fostering a culture of openness, support, and empowerment for menstruating individuals.



School Based workshop by Batch VII Sarathis

2. Blog writing

During their one-year tenure, Sarathis actively promoted sexual and reproductive health and rights through blog writing. Batch VII Sarathis wrote a total of 55 blogs covering a wide range of topics, with a primary focus on menstruation, adolescents' reproductive health, gender equality, and addressing related stigmas. In the blogs on menstruation, Sarathis aimed to raise awareness about menstrual health and hygiene, debunk myths and taboos, and highlight the importance of access to menstrual education and products for everyone. They discussed the challenges faced by menstruating individuals and advocated for creating menstrual-friendly environments in schools, workplaces, and public spaces. This activity was important to extend the reach of menstrual health advocacy beyond workshops, creating an online resource for awareness, education, and community engagement.

3. Learning Circle's for Sarathi

Over the course of one year, Sarathis participated in a total of five Learning Circles covering different topics to strengthen their skills and knowledge. The sessions included blog writing and email etiquette, quantitative data analysis, stress management focusing on communication skills, and a VCAT session on Safe Abortion. These learning circles provided them with an opportunity to enhance their professional and personal development, build practical skills, and improve their capacity to facilitate workshops and advocacy sessions effectively.



Learning Circle for Sarathi Batch VII

4. Selection of new batch of Sarathis

An open call for applications for Sarathi Batch VIII was announced through the Visible Impact page. A total of 109 applications were received. Following the first phase of shortlisting by Batch VII Sarathis, the Visible Impact team selected ten individuals to join the new Sarathi pool. This activity ensured a transparent and merit-based selection process, bringing in motivated youth to continue the advocacy work on menstrual health and hygiene while sustaining the impact of the program.



Selection of new batch of Sarathi VIII

5. Training of Trainers (TOT) of Batch VIII

To prepare new batch of Sarathi's for their roles, Batch VIII Sarathis participated in an extensive three day ToT. The training was facilitated by experienced trainers and Sarathis from the previous batch. The ToT covered essential topics for menstrual health management and advocacy, including changes in boys and girls during puberty, anatomy and physiology of reproductive systems, managing menstrual discomforts, myths and taboos, risky behaviors and their complications, the role of men in menstruation, menstrual issues faced by persons with disabilities, and creating menstrual health-friendly schools. This training equipped the new Sarathis with the knowledge, skills, and confidence required to effectively conduct workshops and advocacy activities in their schools and communities



ToT for Sarathi Batch VIII

6. Graduation Ceremony

Batch VII Sarathis successfully graduated in July 2025 after completing 46 school based menstrual health workshops both within and outside the Kathmandu Valley. These workshops reached over 1,400 adolescents, spreading awareness and empowerment on menstrual health and related topics. The Sarathis extended their outreach to students with disabilities and marginalized populations through orphanages and children development centers. In addition, they contributed 55 blogs covering diverse topics, including menstruation, pregnancy, gender perspectives, safe abortion, safe sex and so on. The graduation marked the culmination of their one-year tenure, showcasing the impact of their work and preparing the next cohort of Sarathis to continue advocacy and education efforts.



Graduation Ceremony of Batch VII



Impact

- Capacity Building of ten young advocates on menstruation and advocacy.
- Inclusion of students with disabilities and marginalized adolescents from orphanages and children development centers.

46

Number of School based sessions conducted

25

Number of Person with Disability trained on Menstrual Health & Hygiene

55

Number of Blogs prepared by Sarathis

1400+

Number of Adolescent trained on Mesntrual Health and Hygiene

5

Number of Learning Circles conducted for Sarathis

Success Story

"Stepping into Visible Impact as a management student, I never imagined how deeply this journey would transform me. Being the only one from a non-BPH background in Batch VII, I felt uncertain at first, but the warmth of the facilitators and the constant support of my Sarathi family turned my doubts into strength. The 3-day TOT, filled with knowledge, energizers, and laughter, became the beginning of my growth. From hesitation to confidence, from a learner to a leader, Sarathi became the turning point of my life. Conducting 10 sessions in 10 schools and reaching over 200 students was more than just awareness it was empowerment. I witnessed shy students daring to ask questions, silence breaking into dialogue, and taboos turning into conversations. The learning circles were equally powerful, upgrading our knowledge and strengthening our confidence every step of the way. Being recognized as one of the best Sarathis of my batch remains my proudest achievement. Visible Impact is not just an organization it is my family, my strength, and my inspiration. From knowledge to courage, from courage to change I am Sarathi, breaking taboos and empowerment."

- Barsha Shrestha (One of the Sarathi from Batch VII)

THROUGH THE DIGITAL LENS

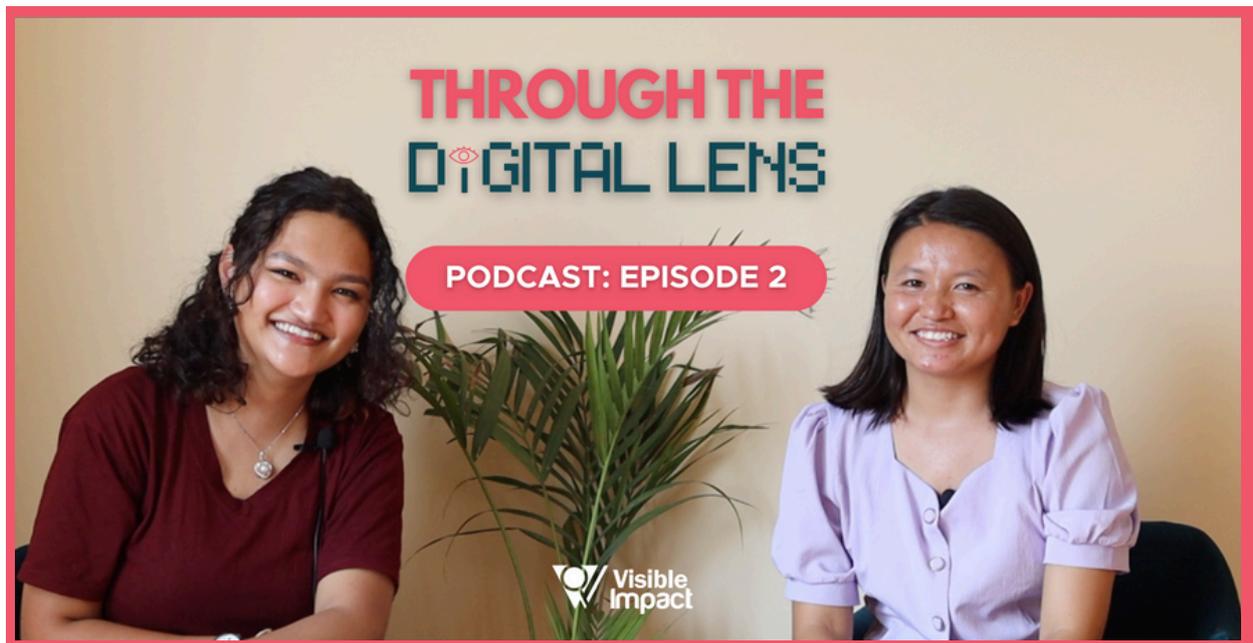
THROUGH THE DIGITAL LENS

Project Overview

Through the Digital Lens is an initiative by Visible Impact as a pioneer project in digital violence. The initiative targets young people including LGBTQIA+, aiming to provide information on various dimension of digital rights and safety in a way that is accessible, acceptable, and contextual, utilizing Visible Impact's social media platforms. It seeks to address the various forms of digital violence through innovative and contextual approaches.

The key objective of this project is to:

1. Empower people on different aspects of digital rights and safety while raising awareness on harmful impacts of digital violence.



Podcast developed on different themes resonating with Digital Violence



Key Activities

1. Echo Verse

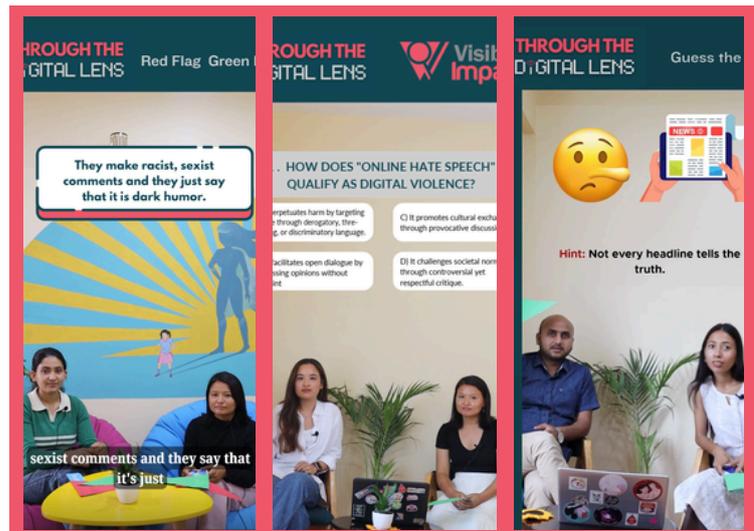
Echo Verse is a monthly discussion session where we gather young people to share their thoughts on different aspects of digital rights and safety. From consent to unrealistic expectations, four episodes of Echo Verse have been conducted, bringing together around 66 participants inside Kathmandu valley. These discussions helped young people share their thoughts, widen their knowledge and learn from others' experiences.



Echo Verse conducted on different aspects of Digital Rights and Safety

2. Micro Video Learning Series

Micro video learning series is a set of short, engaging, and theme-focused videos that are created by the organization's staff to share knowledge on digital rights and safety. Each month, two videos are shared through Visible Impact's Instagram and Facebook, totaling to six videos shared so far on the themes - Red Flag and Green Flag in Online Relationship, Digital Violence Quiz, and Guess the Word.



Micro Video Learning Series

3. Podcast

As a part of this project, Visible Impact develops a monthly podcast featuring different guest to talk on different themes resonating with digital violence. Three episodes of podcasts have been developed and shared through Visible Impact's YouTube.



Podcast developed on different themes resonating with Digital Violence



Impact

- Participants engage in open, reflective conversations that help them build awareness and critical thinking skills to identify and challenge harmful online behaviors.
- The Micro Video Learning Series has achieved a digital reach of approximately 24,000 views, 400 likes, and 30 comments, reflecting strong engagement.
- The audience gained knowledge and understanding of digital rights and safety and were able to apply these learnings to make safer and more informed choices online.

5

**Number of Echo-verse
Conducted**

66

**Number of youths in
Echo-verse sessions**

6

**Number of Micro-
video prepared**

2400+

Digital Reach and Engagement

3

**Number of Podcast in different themes
resonating with digital violence**

Success Story

"Today's session on Fake Care: Masking Cruelty in the Inbox was effective and insightful. We learned that fake care, often seen in digital spaces, can be like a chronic disease—if not recognized early, it can harm our well-being. The session was more than just learning; it was a safe space where voices came alive, stories unfolded, and truths were unmasked. Thank you to Visible Impact for creating this meaningful platform."

- One of the participants from Echo-verse session

YOUTH EMPOWERMENT FOR SRHR (YES)

Project Overview

YES Project is an initiative aimed at addressing the unmet sexual and reproductive health needs of marginalized groups, including the LGBTI+ community and women with disabilities. Supported by the CORE Group, the project emphasizes youth-led interventions at grassroots and local government levels. It seeks to provide judgment-free SRHR services to individuals from diverse backgrounds, fostering shared responsibility among stakeholders to enhance accessibility to these essential services.

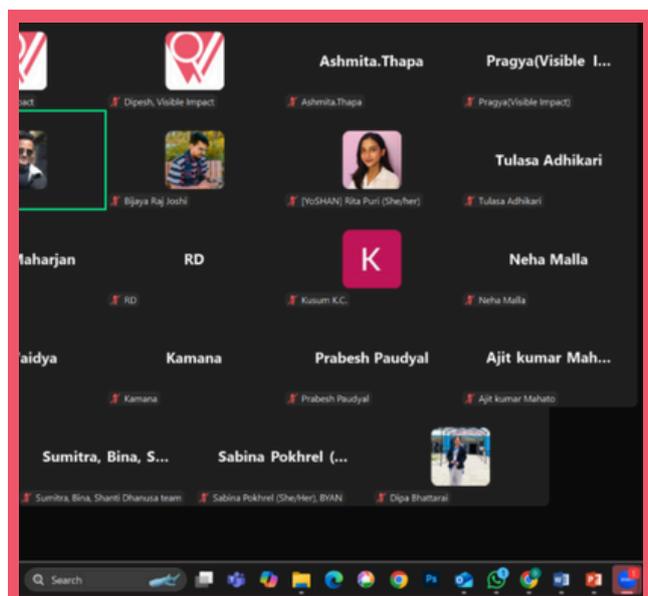
The key objective of this project is to:

1. To reduce the unmet sexual and reproductive health needs of special groups i.e., adolescents, youth, women with disabilities, and LGBTQ (lesbian, gay, transgender, bisexual, and queer) population including their access to sexual and reproductive health information and services.

Key Activities

1. Sharing Meeting

To conclude the YES project, a sharing meeting on 30th August 2024 was organized via Zoom platform. The meeting was attended by 14 participants representing our Youth Champions and like-minded organizations working in the field of SRHR. The meeting was also attended by the representative of the Health Directorate from Koshi and Karnali Province. The success, challenges, lessons learned, and achievements were shared during the meeting along with the experience sharing of the Youth Champions associated with this project.



Sharing meeting conducted on 30th August





Impact

- Empowered young people with SRHR knowledge and leadership skills, creating a powerful wave of grassroots advocates driving change in their communities
- Transformed healthcare delivery by equipping providers with VCAT training, ensuring care that is empathetic, rights-based, and respectful
- Influenced policy by securing provincial government commitment to embed SRHR into health agendas, guaranteeing sustained support and resources
- Shifted community mindsets through awareness campaigns and outreach, enabling informed choices and healthier behaviours
- Championed equity by advancing inclusive policies that prioritize adolescents, youth, persons with disabilities, and sexual and gender minorities.
- Built sustainable impact by strengthening SRMNCAH outcomes, shaping a healthier, more just, and equitable future for all

YOUTH FOR ACCESS TO ABORTION FOR YOUTH (YAAY)

Project Overview

YAAY is an initiative by Visible Impact funded by Safe Abortion Action Fund (SAAF). The initiative targets young people, including women of reproductive age, across all seven provinces of Nepal, aiming to increase awareness of and access to safe, non-judgmental and youth-friendly abortion services in a way that is accessible, inclusive, user-friendly, stigma-free and factual. It seeks to address the widespread lack of accurate information, stigma surrounding abortion, limited access to equitable services, and restrictive policies by engaging young people, communities, healthcare providers, media and government stakeholders through innovative, contextual and rights-based approaches.

The key objectives of this project are to:

1. To increase the awareness of legal rights, and access to abortion services among young people including women of reproductive age in the selected districts of all seven provinces of Nepal
2. To increase progressive, factual and stigma-free information on abortion in the media
3. To increase equitable provision of safe abortion services in two out of seven provinces in Nepal
4. To improve attitudes around abortion and increase awareness on adolescent and youth-friendly services among health care providers of seven provinces of Nepal
5. To increase support and commitment of the federal level decision makers to decriminalize abortion in Nepal



Bootcamp for Batch IV - YAAY Youth Champions



Key Activities

1. Community Activism by Youth Champions of Batch III

Youth Champions of Batch III continued actively conducting school and community-based awareness sessions across all seven provinces of Nepal, reaching a total of 825 people including community members, students, mother groups, and persons with disabilities. These sessions were tailored in collaboration with local governments to enhance relevance and impact. Champions also marked key national and international days such as International Safe Abortion Day, Menstrual Hygiene Day, and the 16 Days of Activism against Gender-Based Violence through various creative yet informative events such as rallies and awareness sessions among others. Regular monitoring from their respective mentors and the program team at Visible Impact ensured quality and consistency.



Left: Peaceful Rally (International Safe Abortion Day celebration) at Karnali Province, Right: School Session conducted by Youth Champions of Bagmati Province

2. Selection of New Batch of Provincial Youth Champions and Continuation of Community Interventions

Following a closing meeting with the third batch of provincial youth champions in January 2025, a new cohort of YAAY Youth Champions and Provincial Mentors was recruited through a rigorous selection process, prioritizing commitment, advocacy passion, and past engagement. In March 2025, a residential boot camp was held in Kathmandu, providing champions with comprehensive training on SRHR, safe abortion laws, advocacy tools, and inclusive approaches, including intersections with disability and gender. Champions from each province selected ten club members, who were later oriented on abortion-related issues and their roles in community engagement. The new batch of Youth Champions in Karnali, Sudurpaschim, Koshi and Gandaki Province have already begun conducting outreach sessions reaching 113 individuals from diverse age and gender groups so far.

3. Youth Champions-led Lobby Meetings with Local Governments

During this fiscal year, we reached two local governments – Biratnagar Metropolitan City in Koshi and Janakpur Municipality in Madhesh province through our provincial youth champions. These lobby meetings assessed the existing state of safe abortion services and stressed on the importance of fully implementing the Safe Motherhood and Reproductive Health Rights Act, 2075 and Regulations, 2077.



Lobby Meeting conducted by Youth Champions of Koshi Province

These meetings served two purposes – firstly, they facilitated the realization of the significance of safe abortion in the broader context of reproductive health for concerned stakeholders. Secondly, they provided youth champions with a platform to share their activities, reflections and recommendations which were met with encouragement. These meetings thus not only strengthened government support but also positioned youth advocates as credible voices in local SRHR policy discussions.

4. Value Clarification and Attitude Transformation (VCAT) Bootcamp on safe abortion for healthcare providers

Two VCAT bootcamps on safe abortion were conducted in this fiscal year covering a total of 43 healthcare providers across different districts of Gandaki and Koshi Province. Participants included medical officers, additional professors, staff nurses, consultants, senior auxiliary nurse midwives, and hospital nursing in-charges with a focus on participants who provide safe abortion services, selected in coordination with the Provincial Health Directorates in both these provinces. These boot camps, spanning two and half days each, aimed to enhance the capacity of providers in delivering respectful and rights-based abortion care, particularly for marginalized populations such as diverse youth groups, queer individuals, and people with disabilities. The program featured sessions on gender, patriarchy, bodily autonomy, and SRHR with an emphasis on Nepal's abortion laws and their historical development, based on the Facilitator's Manual developed by Visible Impact finalized earlier this year. The training also addressed adolescent- and disability-friendly service provision and included powerful experience-sharing sessions from LGBTQAI+ individuals and persons with disabilities to amplify their voices and needs.



VCAT Bootcamp for Health Care Providers from Koshi Province

5. Follow-up with healthcare providers

Following the VCAT bootcamp for healthcare providers in Gandaki Province, follow-ups were made over phone calls on various parameters – including their understanding of legal provisions and inclusive care, sensitivity toward unmarried individuals, LGBTQAI+ clients, and persons with disabilities, efforts to maintain privacy and confidentiality, confidence in using appropriate language and adopting a rights-based, empathetic approach in their practice.

6. Lobby Meetings with Local Health Authorities

Visible Impact conducted comprehensive lobby meetings at both provincial and local levels to advocate for improved adolescent SRHR services and safe abortion access. In Gandaki and Koshi Provinces. Meetings with 22 health officials and key stakeholders from ministries, health directorates, and training centers highlighted systemic challenges such as inadequate infrastructure, weak monitoring mechanisms, misinformation among frontline workers, and stagnant health budgets. At the local level, eight meetings across Gandaki and Karnali Provinces engaged municipal leaders, health workers, educators, and safe abortion service providers to promote the implementation of the SMRHR Act, 2075, shared best practices, and addressed barriers to service delivery. Follow-up calls were conducted to monitor progress, reinforcing ongoing collaboration between provincial authorities, local stakeholders, and non-governmental partners like Visible Impact to strengthen adolescent and reproductive health services.



Left: Lobby Meeting with Local Government of Gandaki Province, Right: Lobby Meeting with Provincial Government of Koshi Province regarding the effective implementation of the Adolescent Friendly Health Service (AFHS) Operational Guideline 2022

7. Value Clarification and Attitude Transformation (VCAT) Bootcamp for Content Creators and Influencers

On 12th December 2024, we organized a VCAT bootcamp on safe abortion for 14 Nepalese content creators and influencers based in Kathmandu. The participants represented diverse genres of content creation, including lifestyle vlogging, poetry, travel, stand-up comedy, films, music, and more. Recognizing that young people in Nepal are increasingly drawn to TikTok and Instagram reels over traditional media, we shifted our focus to collaborating with contemporary content creators who hold significant influence among youth audiences. The workshop not only enhanced the participants' knowledge and perspectives on safe abortion but also equipped them with the tools to embed rights-based messaging into their creative outputs.

As a direct outcome, one of the creators developed and shared a video post-training that thoroughly explained safe abortion services, legal provisions, and key considerations. This video alone has reached over 10,000 views cumulatively across multiple social media platforms, sparking conversations and raising awareness among young audiences. By leveraging the creativity and reach of these influencers, the bootcamp demonstrated how digital advocacy can effectively normalize discussions on safe abortion and reproductive rights in Nepal.



Top Left: Participants of VCAT Training, Top Right: Content created by one of the participants of VCAT training, Bottom: Group photo of VCAT training for Content Creators

8. Articles on Safe Abortion

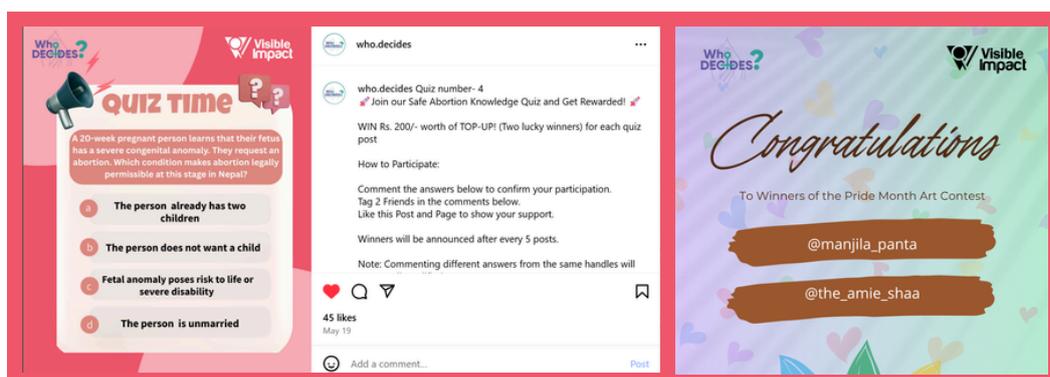
Through the Media Fellowship, we successfully met our target with the publication of four Nepali-language articles on safe abortion. Fellows received guidance on language, visuals, and framing to ensure alignment with campaign values, resulting in high-quality, stigma-free reporting. The fellowship was found to significantly enhance participants' confidence, sensitivity, and professionalism in covering SRHR issues. With the meeting of our target, a closing and feedback meeting was also conducted with the media fellows where positive reflections and tangible solutions for problems were shared. These are expected to be helpful in future programming.



News Articles covered by our Media Fellow from Lumbini Province

9. Social Media Campaign on safe abortion

Like the previous years, the "Who Decides?" social media campaign continued to engage young audiences across Nepal through interactive, youth-friendly content on safe abortion and bodily autonomy. During the 16 Days of Activism Against Gender-Based Violence in 2024, the campaign hosted creative online contests including art, quiz, poster, and slogan competitions, garnering participation from over 55 diverse youth. In 2025, two digital campaigns boosted youth engagement on SRHR: a two-week quiz contest on Facebook and Instagram, and a campaign on the intersection of abortion and gender. Both generated strong interaction and amplified inclusive abortion rights narratives. Winners from each contest were awarded with exciting gift hampers.



Left: Quiz Contest conducted by Visible Impact , Right: Winners of Pride Month Art Contest

10. Safe Abortion Service (SAS) Technical Training for Healthcare Providers and Follow-ups

In Gandaki Province, three batches of SAS technical trainings, each spanning five days, were conducted in collaboration with the Provincial Health Training Center (PHTC), training a total of 18 healthcare providers including Auxiliary Nurse Midwives and staff nurse in essential medical abortion skills. Participants came from districts such as Kaski, Syangja, Lamjung, Tanahun, and Gorkha, and included many previously unlisted SAS providers. Some health facilities were not yet recognized as SAS sites which prompted PHTC to follow up for official listing. The trainings addressed gaps in adequacy of skilled SAS providers identified during prior advocacy. After these SAS trainings in Gandaki Province, follow-ups showed progress in provider listings: with seven providers newly listed, and three more waiting approval.



Left: Second Batch of SAS Training for Health Care Providers, Right: Third Batch of SAS Training of Gandaki Province

11. Development of Video on “Decriminalization of Abortion in Nepal”

Over the fiscal year, we developed a video aimed at creating public awareness on the decriminalization of abortion in Nepal. After an initial draft and stakeholder review, the script was revised for TV broadcasting, covering definitions, legal history, challenges, real cases, and expert perspectives. In the second semester, efforts focused on obtaining government endorsement, with the official launch planned for the next semester through the organization’s channels.



Development of Video on “Decriminalization of Abortion in Nepal”

12. Supporting the activities of Reproductive Health Rights Working Group (RHRWG)

Visible Impact supported RHRWG efforts throughout the year, particularly around national advocacy days. In the first semester, we co-led a youth-focused online campaign in collaboration with YOSHAN and Ipas Nepal, raising awareness on the legal context and history of abortion in Nepal. We also supported the International Safe Abortion Day events by providing logistical assistance, including the printing of campaign materials.

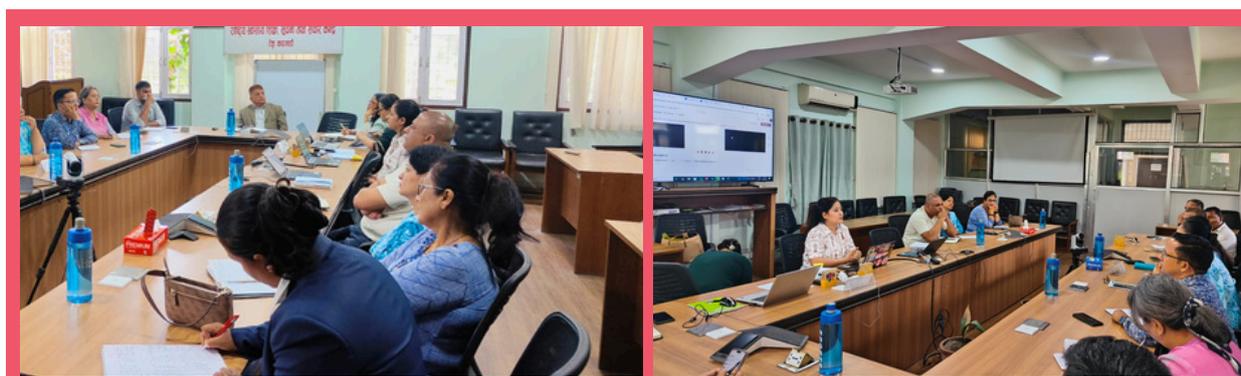
Similarly, in the second semester, we helped organize a Flash Mob on the International Day of Action for Women's Health. The performance highlighted the real-life consequences of criminalized abortion laws, emphasizing the message: "Let the one who bears the child make the choice." The event, attended by government officials and reproductive rights advocates, delivered a strong call for decriminalization through creative advocacy.



Flash Mob on the International Day of Action for Women's Health

13. Consultative Meetings with the Government

To mark National Safe Abortion Services Day 2081 (26th September 2024), Visible Impact supported the Family Welfare Division (FWD) by co-organizing a coordination meeting with RHRWG members and key federal stakeholders, including the National Health Training Center and National Health Education, Information and Communication Center. The meeting reviewed progress on SAS and provided updates on the decriminalization movement, whereby FWD presented on the history, milestones, and current challenges of SAS in Nepal, creating a platform for government and civil society to exchange insights and feedback.



Consultative Meetings with the Government to mark National Safe Abortion Services Day



Impact

- Our target for the Media Fellowship program of publishing 105 articles was met this year.
- Following the VCAT bootcamp for healthcare providers, there was a 29.49% improvement in knowledge and 23.1% improvement in attitudes towards safe abortion, as observed among 43 participants from Gandaki and Koshi Province. This shift indicates a move towards more supportive perspectives on safe abortion within the healthcare community.
- Understanding and support for safe abortion and adolescent friendly health services was strengthened among local and provincial government stakeholders as observed in their commitment and remarks during lobby meetings.

24

Number of Community and School based sessions conducted

900

Number of individuals of diverse groups including marginalized groups like persons with disabilities provided session on Safe Abortion

18

Number of HCP provided Medical Abortion Training

43

Number of HCP provided VCAT Training on Safe Abortion

86.4%

Increase in knowledge among community people regarding safe abortion



Success Story

“Participating in this Media Fellowship was an excellent experience for me. During the program, I had the opportunity to learn and write about media reporting and safe abortion. I would like to thank the Visible Impact team for that. I feel that this has significantly enhanced my professional capabilities. I hope such programs continue in the future.”

- One of our Media Fellows during their closing meeting

“The bootcamp was a highly knowledgeable and empowering experience, grounded in women’s rights and personal freedoms. Every moment felt impactful, offering valuable insights, an open space to share ideas, and opportunities for meaningful collaboration. I am grateful for the experience and inspired by the visible impact it has created.”

- One of our Youth Champions during their BootCamp

INTERNATIONAL AND REGIONAL REPRESENTATIONS



1. 27th Congress of the World Association for Sexual Health Brisbane Convention & Exhibition Centre, Australia

Our Executive Director, Ms. Shilpa Lamichhane attended the 27th Congress of the World Association for Sexual Health (WAS), held from 16th to 19th June 2025 at the Brisbane Convention & Exhibition Centre, Australia, as an oral presenter and participant. The congress, organized by WAS and supported through partial funding from the SAAF and her personal contribution, brought together global experts and advocates to advance sexual health, rights, justice, and pleasure. Representing Visible Impact, she presented the organization's research titled "Young People's Experiences with Abortion Services in Nepal", drawing attention to the urgent need to prioritize abortion rights within global SRHR discussions. During the congress, Shilpa gained valuable insights on integrating sexual justice, pleasure, and inclusivity into SRHR programming, particularly in CSE. She also established meaningful networks with researchers and campaigners exploring innovative ways to normalize conversations on sexuality, such as leisure-space interventions and inclusive pedagogical models. While abortion received limited attention in the congress, this further highlighted the significance of SAAF and Visible Impact's role in ensuring abortion rights remain central to SRHR advocacy. Overall, her participation at WAS 2025 was enriching, equipping her with new perspectives, practical tools, and strengthened commitment to advancing inclusive, justice-centered SRHR programming in Nepal.



Our Executive Director Ms. Shilpa Lamichhane at 27th Congress of the World Association for Sexual Health Brisbane Convention & Exhibition Centre, Australia

2. CSW69 / Beijing+30 2025

Ms. Medha Sharma, President of Visible Impact, attended the CSW69/Beijing+30 international program organized by UN ECOSOC from 10th to 14th March 2025 in New York, with sponsorship from Women Fund Asia. The event, marking the 30th anniversary of the Beijing Platform for Action, focused on reviewing global progress and challenges in achieving gender equality, women's empowerment, and SRHR within the 2030 Agenda for Sustainable Development.

As a participant, Medha engaged in discussions, networking, and donor outreach, highlighting Visible Impact's priorities and strengthening its global presence. She emphasized the role of young feminists in global advocacy, connected with key networks like the South Asia Beijing+30 Women Rights Caucus, and reinforced ties with Women Fund Asia while identifying opportunities to revitalize the Young Feminist Forum and South Asian Youth Collective.

Key learnings included the shrinking SRHR funding landscape, the need for stronger national level coordination, and the urgency of addressing digital GBV in Nepal.



Our President Ms. Medha Sharma at CSW69 / Beijing+30 2025

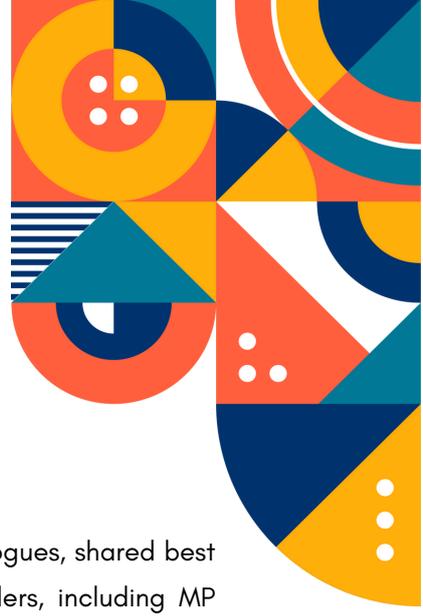
3. Nepal's 7th Periodic Review of CEDAW

In February 2025, Visible Impact, represented by President Ms. Medha Sharma and Executive Director Ms. Shilpa Lamichhane, participated in Nepal's 7th Periodic Review of CEDAW during the 90th Session in Geneva. Supported by SAAF funding, the team worked with 16 CSOs to prepare a joint shadow report on Article 12 (Women and Health), which formed the basis for impactful interventions.

Ms. Sharma delivered statements during the CSO briefing and informal lunch session, raising critical issues: CSE, abortion law reform, menstrual dignity, maternal health, adolescent rights, and SRHR in humanitarian settings. Meanwhile, Shilpa Lamichhane moderated the Briefing between the CEDAW Committee and Nepal's CSO representatives. The participation strengthened Visible Impact's relationships with IRAW, MOWCSW, and fellow CSOs. Importantly, advocacy efforts contributed to the inclusion of SRHR—especially abortion and CSE in the CEDAW concluding observations, marking a significant achievement for Nepalese civil society.



Our President Ms. Medha Sharma and Executive Director Ms. Shilpa Lamichhane at Nepal's 7th Periodic Review of CEDAW



4. Asia-Pacific Forum on Sustainable Development (APFSD) 2025

From 18th to 28th February 2025, Our Program Officer Ms. Manita Sharma Kafle, and Board Member, Ms. Sadikshya Subedi represented Visible Impact at the Young Feminist Forum, APFSD Youth Forum, People’s Forum, and the 12th in February 2025. Manita actively engaged in group discussions, presented the Youth Call to Action to embassies and FCDO, and facilitated a meeting with Nepal’s national delegates, showcasing Visible Impact’s role as the secretariat of NAYA.

Meanwhile, Sadikshya, as Nepal’s CSO representative, participated in policy dialogues, shared best practices and grassroots innovations, and built connections with key stakeholders, including MP Sobita Gautam and Dr. Prof. Shiva Raj Adhikari, Vice-Chairman of the National Planning Commission. Both representatives highlighted the importance of youth engagement, networking, evidence-based advocacy, and multi-stakeholder collaboration, reinforcing Visible Impact’s position as a bridge between community-driven solutions and high-level policy dialogue at the international level.



Our Program Officer, Ms. Manita Sharma and Board Member Ms. Sadikshya Subedi at APFSD 2025

5. Theatre-Based Techniques (TBT) training

During October 2024, our Program Officer, Ms. Manisha Thapa, participated in the TBT training, “Act Out for Impact,” held in Bangkok, Thailand, alongside other participants from across the Asia-Pacific region. Organized by UNFPA APRO in collaboration with the National Center for Culture and Arts, the training provided a unique and powerful space to explore theatre and drama as creative advocacy tools to highlight pressing social issues.

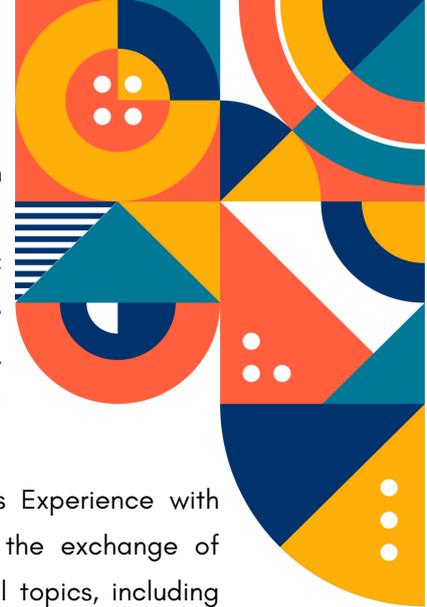


Our Program Officer, Ms. Manisha Thapa at TBT Training organized by UNFPA APRO in collaboration with the National Center for Culture and Arts

6. 5th International Federation of Professional Abortion and Contraception Associates (FIAPAC)

Our Executive Director, Ms. Shilpa Lamichhane participated in the FIAPAC Conference held on 20th and 21st September 2024 under the theme “Building the Case for Reproductive Choice.” The conference brought together global advocates, researchers, and healthcare providers to discuss key issues in abortion and contraception.

As part of this platform, Visible Impact presented its research “Young People’s Experience with Abortion Services in Nepal” through an e-poster presentation, contributing to the exchange of knowledge and innovations in the field. The sessions covered diverse and critical topics, including access to safe abortion in conflict zones, reproductive choices in the digital era, inclusive abortion care, and the intersections of abortion and contraception. The participation also provided valuable opportunities for networking with experts and champions, reinforcing Visible Impact’s commitment to advancing reproductive rights and translating these insights into meaningful action.



Our Executive Director Ms. Shilpa Lamichhane at 5th International Federation of Professional Abortion and Contraception Associates (FIAPAC)

OTHERS

1. Office Retreat

Around March 2025, our team took a break from the usual desk routine to engage in a day filled with learning, collaboration, and team bonding. The program began with the launch of the Revised Operational Policy. The day then transitioned into interactive games designed to strengthen teamwork, enhance communication, and improve conflict management skills.



Office Re-treat in March

2. Menstrual Hygiene Day Celebration.

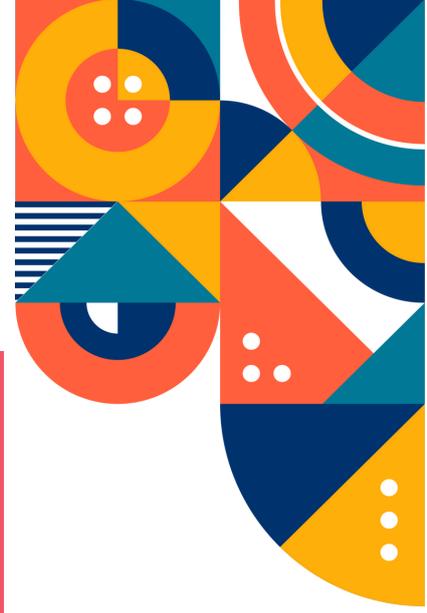
- Our Sarathi in collaboration with Nepal Health Corps, the Nepal Public Health Students' Society, and the Nepal Public Health Students Welfare Society, with support from HECAF, SHEEP, and Days for Girls, celebrated Menstrual Hygiene Day 2025 through a powerful exhibition that championed menstrual health and dignity. The exhibition created an open and inclusive space for learning, sharing experiences, and breaking long-standing taboos around menstruation



Menstrual Hygiene Day Celebration in Kathmandu

- On 28th May 2025, Visible Impact participated in Menstrual Hygiene Day at Shree Bhimsen Adarsha School, in collaboration with the Provincial Public Health Office, the school, and Devchuli Municipality. The team set up an engaging stall with IEC materials, demonstrations on reusable pads and cups, and interactive games like quizzes and "guess the word."

Students, teachers, and health officials actively participated and appreciated the initiative. The event successfully promoted menstrual hygiene awareness, safe abortion education, and highlighted Visible Impact's contribution to reproductive health learning in the community.



Menstrual Hygiene Day Celebration in Lumbini

- On the occasion of Menstrual Health Day, Visible Impact engaged diverse stakeholders to share their perspectives on menstrual health and hygiene. They emphasized that menstruation is not solely a women's issue, but an experience that affects all who menstruate, regardless of gender. Through a dedicated video campaign, inclusive voices including those of men were highlighted to encourage broader understanding. The messages collectively called for breaking stigma, fostering inclusivity, and reshaping the narrative around menstruation.



Video messages on the occasion of Menstrual Hygiene

4. International Day of Action for Women's Health

On the occasion of the International Day of Action for Women's Health, Visible Impact organized a powerful flashmob in an event which had participation of audience from FWLD, CRR, Sangat, Yoshan, IPAS, Hami Daju Vai and other related organizations who were actively working for SRHR, Persons with disability. by to advocate for the decriminalization of safe abortion.

The performance, featuring the message “Our bodies, our rights, our choice!”, highlighted the harsh realities faced by many adolescent girls. Through a short yet impactful act portraying that “She didn’t choose the violence. She deserved care, not punishment,” the initiative underscored that access to safe and legal abortion is a fundamental right, not a crime. The event amplified youth voices and reinforced the urgent need for reproductive justice in Nepal.



Flashmob on the occasion of International Day of Action for Women’s Health

5. 10th National Safe Abortion Service Day

- On the occasion of the 10th National Safe Abortion Service Day, which also marked 22 years since the legalization of abortion in Nepal, Visible Impact organized a powerful flashmob during the national celebration jointly hosted by the National Women Commission, Family Welfare Division, and the Reproductive Health Rights Working Group (RHRWG) at Jawalakhel Dabali, Lalitpur. The flashmob, led by our Safe Abortion Youth Champions, club members, and volunteers, highlighted the importance of access to safe abortion services. A candlelight vigil was also held in memory of women and girls who lost their lives to unsafe abortions in the past. The event brought together safe abortion partners from across Nepal in solidarity, reaffirming the collective commitment to ensuring reproductive rights and justice.



Flashmob on the occasion of 10th National Safe Abortion Service Day

- On the occasion of National Safe Abortion Day, 26th September 2024, Visible Impact, in collaboration with IPAS Nepal and YoSHAN, conducted a social media campaign focused on sharing supportive language for safe abortion highlighting the do’s and don’ts. The campaign aimed to create safe and inclusive spaces for individuals seeking safe and legal abortion services. Through this advocacy, we reinforced the importance of access, knowledge, and the fundamental right to choose.



Social Media Campaign on the occasion of National Safe Abortion Day in collaboration with IPAS Nepal and YoSHAN

5. Sexual and Reproductive Health and Rights (SRHR) Mela in Collaboration with YUWA

The SRHR Mela organized by YUWA at Amarpali Cottage, Butwal, on 16th May 2025 was a vibrant and informative event, with 51 participants including law and public health students, school students and teachers. Visible Impact champions played an active role in facilitating the event, showcasing a variety of IEC materials such as visual aids, printed booklets, posters a Braille booklet on sexual and reproductive health, and resources on SRHR policies and abortion rights, ensuring disability-friendly communication. Our Youth Champions engaged participants with a fun and interactive SRHR-themed quiz, introduced a chatbot to demonstrate digital tools for accessing SRHR information. The event successfully fostered awareness, dialogue, and curiosity among young people about sexual and reproductive health and rights.



SRHR Mela in collaboration with YUWA

6. Social Media Contest

Visible Impact has conducted various social media contests on different occasions to foster meaningful youth engagement through digital platforms. These contests served as innovative spaces for young people to express their creativity, opinions, and advocacy on issues related to gender equality, SRHR, and social justice. By leveraging the power of social media, the contests not only expanded outreach but also encouraged youth participation in awareness-raising campaigns, storytelling, and knowledge-sharing. Such initiatives have proven to be effective in amplifying youth voices, strengthening digital advocacy, and creating wider visibility for the causes championed by the organization.

ANNOUNCEMENT ALERT
Join us for the Quiz Contest through Digital platform.
More details in description down below

Celebrating 16 Days of Activism against Gender Based Violence
Join the video contest against Gender Based Violence

FUTURE WITHOUT FEAR | **THE POWER OF CONSENT** | **STORIES OF STRENGTH**

Eligibility Criteria:
1. Relevant to theme given above
2. Video limit 1-3 mins

Winner - Rs. 5000
1st Runner up- Rs. 4000
2nd Runner up- Rs. 3000
*Tax Applicable

CRITERIA TO WIN VIDEO CONTEST

- Number of Interactions with your post on our pages by liking, sharing and commenting
- Participants & people interacting should follow the National CSE Advocacy Coalition Social Media pages
- Video must be relevant to the theme
- REMINDER! Engagement makes up 50% of the winning criteria!

QUIZ TIME
Which STIs can you treat with antibiotics?

- a) HIV
- b) Chlamydia
- c) Genital herpes
- d) Human Papillomavirus

QUIZ TIME
Sarita is about 10 weeks pregnant. Her doctor recommended terminating the pregnancy due to ectopic pregnancy (when a fertilized egg implants and grows outside the main cavity of the uterus), but her husband disagrees with her decision to follow this advice. What is your opinion on the situation Sarita is facing?

Social Media Contests

7. 16 Days Activism against Gender Based Violence

16 DAYS OF ACTIVISM AGAINST GENDER BASED VIOLENCE
25 November - 10 December

**Towards Beijing +30:
Unite to End Violence Against Women and Girls**

NATIONAL CSE ADVOCACY COALITION

During the 16 Days of Activism Against Gender-Based Violence, we engaged a wide range of stakeholders to share their perspectives on CSE. This included renowned celebrities such as Madan Krishna Shrestha, Hari Bansha Acharya, actor and singer Prakash Saput, and YouTuber Sisan Baniya, alongside government representatives, Dr. Bashir (Country Representative, UNFPA), youth groups, and persons with disabilities. This collective engagement amplified our advocacy efforts and strengthened solidarity in the fight to end gender-based violence.

Madan Krishna Shrestha
Actor and Comedian
Talking about violence against women.

Ms. Indradevi Dhakal
Member-Secretary, NCRC
During the opportunity of 16-day of activism against Gender based violence campaign.

Jessica Dhakal
Student

Dr. Bashir Najeeb
Deputy Representative
म नेपालका साथै स्याताई सैजिक हिंसर र हाकिमक प्रहारको अन्य मन एक जुट हुन आइलम मरुं।
Youth: The Catalyst for Change

Video created on the occasion of 16 Day Activism

INTERNATIONAL PARTNERS



NATIONAL PARTNERS



ALLIANCES AND NETWORKS



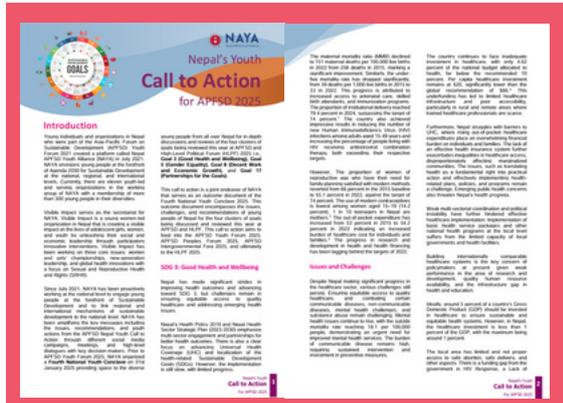
Members of:

1. FP committee of Family Welfare Division
2. RH Committee of Family Welfare Division
3. PRHCC-TWC of Koshi Province

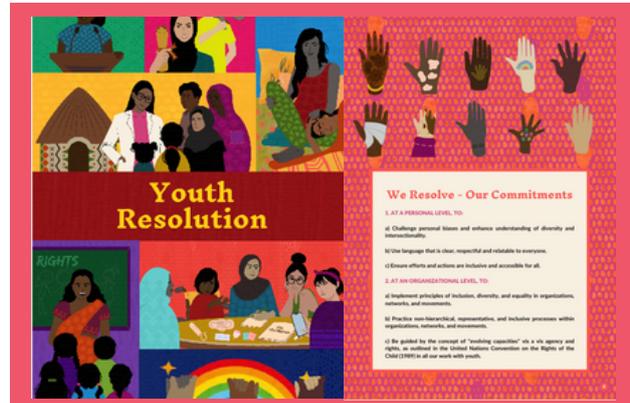
PROUDLY REGISTERED UNDER



PUBLICATIONS



Nepal's Youth Call to Action 2025



Youth Resolution



School based Workshop Facilitation Guide on Menstrual Health Management

FINANCIAL STATUS



CONTACT US



611, Shrijanshil Marga, Basundhara, Kathmandu, Nepal,



+977 9847697791



mail.visim@gmail.com



www.facebook.com/VisibleImpact



<https://www.instagram.com/visibleimpact2015/?hl=en>



<https://www.tiktok.com/@visibleimpact2015>



www.linkedin.com/company/visible-impact-2015/



<https://www.youtube.com/channel/UCGXR8yLla8ZkUPNE8KmpVg>

CONTACT US



Every Girl, Every Women, Every Youth

For More Information

611, Shrijanshil Marga, Basundhara, Kathmandu, Nepal,

Phone **+977 9847697791**

Email **mail.visim@gmail.com**

Web **visim.org**

Facebook **Visible Impact**

Instagram **visibleimpact2015**

Linkedin **Visible Impact**

YouTube **@visibleimpact774**

