



ANNUAL | 2023/ REPORT | 024

*Fiscal year 2080/081
(15th July 2023 to 15th July 2024)*

TABLE OF CONTENTS

01	Message from President
02	About Visible Impact
03	Organizational Profile
04	Visible Impact's 2023/24 in a glance / number
05	Our Programs Improving Access to Safe Abortion Information and Services in Nepal with an AI-Based Chatbot
10	Nepal APFSD Youth Alliance (NAYA)
12	No Shame to Bleed (NSTB)
14	SRHR and Artificial Intelligence (AI)
16	Youth for Access to Abortion for Youth (YAAY)
20	Youth Empowerment for SRHR (YES)
23	Kaleidoscope
34	Publications
35	Financial Status in a glance
36	Our Supporters / Donors
37	National Partners
38	Alliances and Networks
40	Contact us



MESSAGE FROM THE PRESIDENT

It is with immense pride and gratitude that I present to you the Annual Report for 2023/24, highlighting the achievements, lessons, and milestones of Visible Impact over the past year. At Visible Impact, our mission is to make youth, women and girls visible in their diversity and their voices impactful. This year, we reaffirmed our commitment to this mission by strengthening partnerships, expanding our reach, and innovating our approaches to creating lasting change. From measuring the possibilities of Artificial Intelligence to integrating that as solutions in healthcare, from scaling up our investment among girls of indigenous community to embracing new energy through 160 new champions, we have seen how systemic barriers dismantle when innovations take the lead. Through grassroots campaigns, community workshops, advocacy with local and federal government and linking them to international forums, value clarification among healthcare providers and media people, we believe that we have not only improved awareness and access but also empowered individuals to make informed choices about their bodily autonomy.

Behind every initiative lies the dedication of our team, the trust of our partners, and the generosity of our donors. This year, we fostered meaningful collaborations with local governments, civil society organizations, and international stakeholders. While we celebrate our accomplishments, we also recognize the hurdles. The socio-political and economic landscape of Nepal and the globe continues to present challenges for non-profit organizations, particularly for issues like SRHR and intersectionality. However, we are hopeful that we can continue to resolve and adapt, like always!

None of this would have been possible without you—our stakeholders, supporters, and well-wishers. Your belief in our vision and unwavering support fuel our efforts. In 2025, we plan to scale our initiatives, deepen our engagement with local communities, and create even more opportunities for young people to lead. On behalf of everyone at Visible Impact, thank you for walking alongside us on this journey.

Medha Sharma
President

About Visible Impact

Visible Impact (Visim) is a young-women-led not-for-profit company that aims to create a 'visible impact' in the lives of youth, adolescent girls and women and their immediate families and communities, with a focus on leadership development, advocacy, and realization of their sexual and reproductive health and rights.

Established 9 years ago in 2015, Visim has been able to reach 65000+ adolescents and youth directly. 600+ social champions have been empowered to be the voice in the community-advocating for sexual and reproductive health and rights, leading towards community-led local development. Going by the evolving trends in digital innovation, Visim has also extensively used social media initiatives over these years, with 46 million reaches. Visim has managed around 49 small and large projects till date with funders including Government, UN Agencies, bilateral agencies, international and national non-governmental organizations, youth groups, etc.

Vision

Creating visible impact on the lives of every girl, every woman, every youth.

Mission

Unleash capabilities of girls, women and youth in various socio-economic spaces through inclusive, participatory and transformative approaches.

Theory of change

Innovative Approach x Beneficiary Engagement = Visible Impact

Non-negotiable values

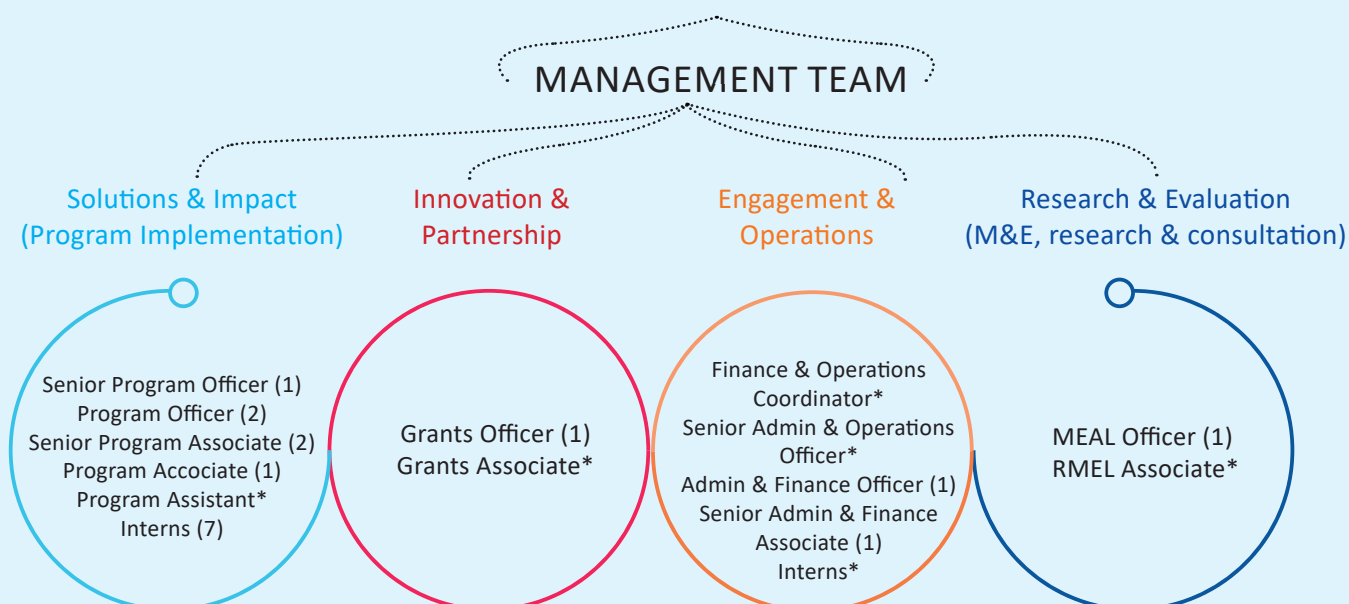
- Human rights are always at the core.
- Ensure and promote meaningful and inclusive youth participation
- Feminist principles are always fulfilled.

Organizational Profile

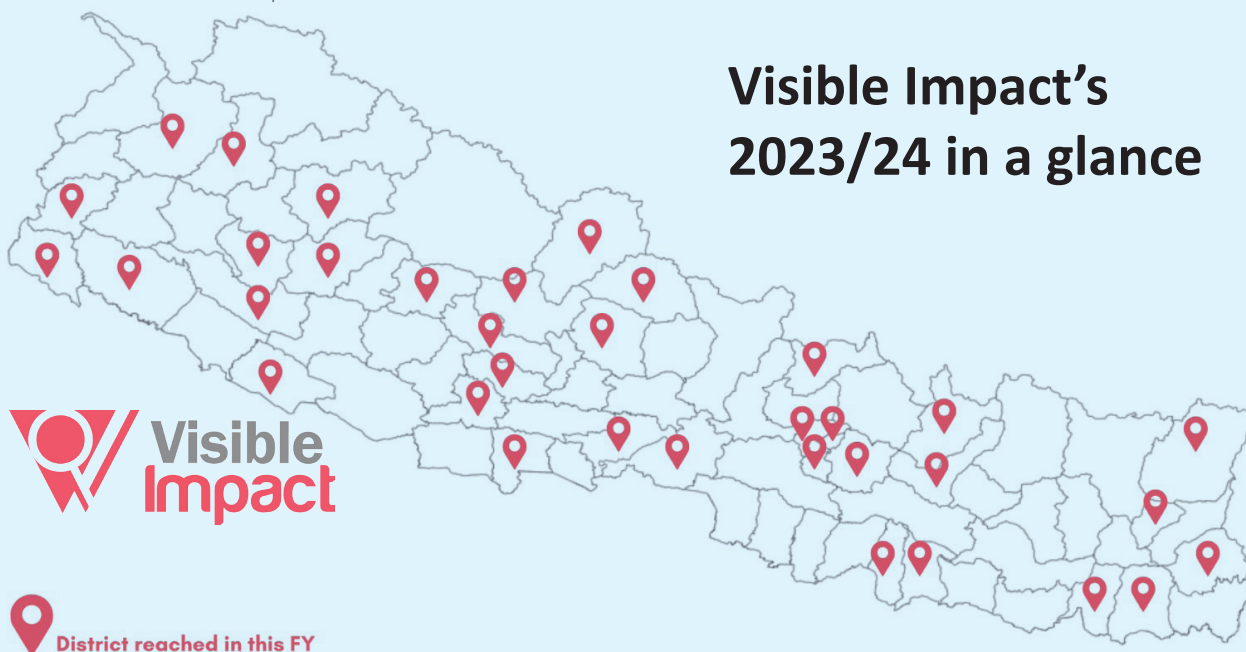
Visible Impact is a young women-led organization.

Our board consists of 80% youth and 60% women, with a woman leading as the President. Our staff consists of 85% female, and 100% young people. Visim's organizational structure is shown in the image below:

BOARD OF DIRECTORS



Visible Impact's 2023/24 in a glance



Visible Impact's 2023/24 in number

- Number of Youth Champions unleashed: 160
- Number of community people reached by our projects: 8348
- Number of service providers trained: 101
- Number of media professionals: 35
- International platforms participated: 9
- Local governments reached:

Tilottama Municipality	Janakpur Sub Metropolitan City	Godawari Municipality	Biratnagar Metropolitan city	Tokha Municipality
Pokhara Metropolitan City	Annapurna Rural Municipality	Birendranagar Municipality	Simta Rural Municipality	

Social media Presence

- Facebook (8.7k followers)
- LinkedIn (637 followers)
- Instagram (1187 followers)
- YouTube (1.08k subscribers)
- Twitter (208 followers)
- TikTok (123 followers)



OUR PROGRAMS

Improving Access to Safe Abortion Information and Services in Nepal with an AI-Based Chatbot

Project Overview:

“Improving Access to Safe Abortion Information and Services in Nepal with an AI based Chatbot is an initiative by Visible Impact, in partnership with Nepal Applied Mathematics and Informatics Institute for Research (NAAMII) and Diyo.AI. The objectives of this project were to create a fundamentally new, efficient, and inclusive approach to accessing safe abortion information and services, create a bilingual chatbot specialized in responding to abortion-related queries. The information offered included legal

status of abortion in Nepal, places where safe abortion can be accessed including information on the listed safe abortion sites, abortion facts, types of abortion they can perform and so on. The initiative aims to enhance access for individuals who primarily speak Nepali and may not be comfortable navigating traditional websites. It seeks to provide a user-friendly platform where users can obtain reliable information about abortion services and legalities without the need for direct human interaction.

Key Activities:

1. Requirement Collection/Baseline Survey

- One-to-one meeting with concerned stakeholders for baseline

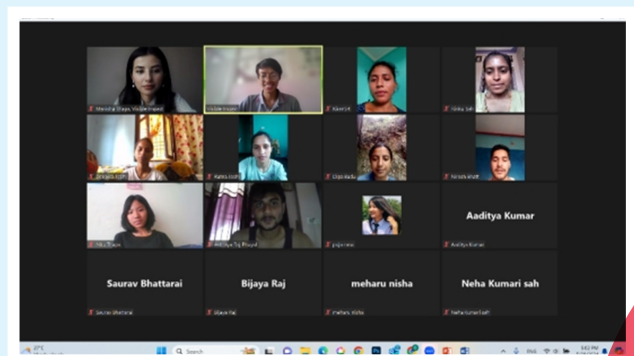
As a part of the baseline survey, seven key informant interviews were conducted with the stakeholders in Nepal working on Sexual and Reproductive Health and Rights (SRHR), particularly on safe abortion service and advocacy to learn about the potential areas of consideration and action that we need to be mindful of when stepping into this experimental arena. It was conducted after a brief mapping of different key stakeholders who have been working on SRHR issues, particularly on safe abortion in Nepal.

- National Youth Consultation

On May 28, 2024, a National Youth Consultation was held via Zoom, bringing together 25 diverse youth participants from across the country. The primary focus of this consultation was to gather insights on young people's perspectives regarding

safe abortion and to identify any questions or concerns they may have on the topic.

The recommendations from the National Youth Consultation will guide the creation of the chatbot's content. By integrating these insights, the project seeks to enhance access to safe abortion information and services, thereby empowering individuals in Nepal to make informed decisions about their reproductive health.



National Youth Consultation

Menstrual Hygiene Management (MHM) in Chepang Community

Project Overview:

The MHM in Chepang Girls initiative aims to empower adolescent girls from the Chepang community in Gorkha District by providing them with activism skills to advocate for Menstrual Health Management (MHM) and Sexual and Reproductive Health and Rights (SRHR) in their schools and communities. This program is funded by the Obama Foundation under the Girl's Opportunity Alliance. The Chepang, an isolated indigenous group in Nepal, are among the most impoverished in Gorkha and Makwanpur districts, facing high rates of illiteracy and limited access

to information. The initiative aimed to empower adolescent girls in the Chepang community by fostering their confidence to advocate for their rights, particularly concerning SRHR. It focused on raising awareness and educating both the girls and their community about menstrual health and hygiene, while addressing the cultural taboos and resource limitations that hinder such discussions. The program sought to enhance access to vital information on SRHR, thereby bridging existing gaps and ultimately improving the overall health and well-being of adolescent girls and women in the Chepang community through targeted support and resources.

Key Activities:

1. Inception Meeting and Preliminary Assessment

An inception meeting was held with local authorities from Gandaki Rural Municipality in Gorkha to outline the project's objectives and provide an overview. The primary aim of this meeting was to discuss the current circumstances of Chepang girls in the municipality and identify specific wards with a significant population of Chepang girls for effective project implementation.

Similarly, preliminary assessment was conducted to assess the status of MHM and to identify problems surrounding SRHR among Chepang girls. It was conducted at Shree Tomandada Secondary School (Ward number 6), and Shree Bijaya Bhawani Secondary School (Ward number 1). The assessment of MHM status among chepang girls from Ward number 2 and Ward number 7 was done by making community visits.



Inception Meeting was conducted with the Gandaki Rural Municipality

Similarly, preliminary assessment was conducted to assess the status of MHM and to identify problems surrounding SRHR among Chepang girls. It was conducted at Shree Tomandada Secondary School (Ward number 6), and Shree Bijaya Bhawani Secondary School (Ward number 1). The assessment of MHM status among chepang girls from Ward number 2 and Ward number 7 was done by making community visits.



Inception Meeting was conducted with the Gandaki Rural Municipality

2. Training for Chepang Girls

A three-day residential training on SRHR and MHM was held from 10 January - 12 January 2024, for 20 Chepang girls and four local coordinators from four different wards. The training was conducted in the presence of a representative from Gandaki Rural Municipality and a local school representative. The local coordinators, selected from the Chepang community, were trained to monitor and support the youth champions in organizing various community sessions.

The training included various aspects of MHM such as menstruation myths, physiology and anatomy of male and female reproductive organs. In addition to this, sessions on family planning, early marriage, teenage pregnancy and gender-based violence were also included as those problems have high prevalence in the Chepang community. Through this training participant were equipped with activism skills, clarifying values and attitudes regarding SRHR, and educating them on MHM.

3. Assessment of Menstruation-Friendly Infrastructure of Selected Schools, Prioritization Meeting with School Stakeholders

Using observation checklist, youth champions and local coordinators assessed the menstruation-friendly status of four selected schools within Gandaki Rural Municipality, Gorkha. After the assessment, meetings were conducted with school stakeholders to prioritize the necessary menstruation-friendly infrastructure improvements. Following a prioritization meeting, technical support was provided to enhance menstrual-friendly infrastructure as requested by school authorities. This included supplying items like sanitary pads, a vacuum cleaner, and toiletries. Additionally, a toilet door in one of the schools was repaired.

4. Safe Space Meetings

Youth champions and the local coordinator hold monthly meetings to share updates on activities, discuss challenges, and plan upcoming sessions. A total of 24 meetings were held, offering a judgment-free, safe space that helped to foster a social safety net among the girls.



Assessment of Menstruation Friendly Infrastructure of selected schools



Monthly safe Space meetings conducted by Local Coordinators and Youth Champions

5. Activism by Youth Champions

Youth champions facilitated monthly sessions on SRHR topics, including MHM, family planning, early marriage, and teenage pregnancy in schools and communities, under the supervision of local coordinators. For the family planning discussions, nurses from the respective wards collaborated with the youth champions to ensure accurate information was shared, addressing the community's concerns. Over a six-month period, they conducted a total of 24 sessions in various schools and communities. Additionally, they celebrated Menstrual Hygiene Day at four different schools by organizing quiz and essay competitions for adolescents.



Sessions conducted by Youth Champions

6. Meetings with Local Government

A mid-term update meeting with officials from Gandaki Rural Municipality was conducted to discuss project progress and derive feedback, which was continually incorporated while implementing subsequent activities.



Regular meetings with officials from Gandaki Rural Municipality

Outcomes:

The key outcomes of this project were:

- 20 Chepang girls trained as Youth Champions gained valuable insights into various aspects of SRHR while also enhancing their leadership abilities to coordinate and conduct sessions. With the assistance of four local coordinators serving as mentors from their community, each mentor provided guidance to five Youth Champions, creating a collaborative atmosphere that enhanced their leadership development. This initiative not only enhanced the leadership skills of the girls and their mentors but also provided the mentors with income-generating opportunities by offering a monthly stipend for overseeing the activities of the Chepang girls.
- Four schools have been equipped with menstrual-friendly facilities, such as sanitary pads and toiletries. This initiative is anticipated to significantly improve girls' school attendance, as inadequate facilities often result in absenteeism during menstruation. This has promoted awareness and understanding of menstrual hygiene, helping to reduce stigma and encourage healthier practices among students.
- Over 400 individuals, including adolescents and adults, were sensitized through activism and school competitions, increasing awareness of menstrual hygiene, reducing stigma, and promoting community engagement. Adolescents also developed leadership skills, empowering them to advocate for themselves and others.
- At the mid-term update meeting, local government officials acknowledged the initiative's progress, praising the achievements and highlighting the value of collaboration between authorities and community programs in addressing local needs .

Success story



- Dipak Timilsina, Chairperson of Gandaki Rural Municipality

“Initially, these girls were unable to speak up or even introduce themselves in front of us. However, we've seen significant progress; they are now confident enough to sit with us and express their thoughts, which bring hope for their future. Early marriage and teenage pregnancy are highly prevalent in this community, particularly among adolescent girls. By engaging these 24 girls in activism, you are helping to prevent them from following the same path. We encourage you to reach out to more girls in this community and continue to empower them.”

Nepal APFSD Youth Alliance (NAYA)

Project Overview:

The Nepal APFSD Youth Alliance (NAYA) is a platform founded by young individuals and organizations actively engaged in the APFSD Youth Forum since 2021, with Visible Impact serving as its Secretariat. The platform aims to place youth at the forefront of advancing the Agenda 2030 for sustainable development across national, regional, and international levels. Currently, NAYA consists of nine youth-led and youth-serving organizations in its working group, collectively representing over 100 young members from diverse backgrounds. The objective of this initiative were to empower

youth to lead sustainable development efforts at various levels, bridge regional and international mechanisms with national and sub-national frameworks, and amplify critical messages, including issues, recommendations, and actions from the APFSD Nepal Youth Call to Action 2024 and the National Youth Call to Action, in preparation for the HLPF 2024 and its follow-up processes. Additionally, NAYA prioritizes gender inclusivity and emphasizes the importance of Sexual and Reproductive Health and Rights (SRHR) in the Sustainable Development Goals (SDGs) review processes at both national and sub-national levels.

Key Activities

1. Climate Convo

The “Climate Convo” was held on 28 December 2023, at the Manmohan Memorial Institute of Health Sciences, bringing together 25 participants. The attendees included NAYA Working Group members, NAYA members, students from the Manmohan Memorial Institute of Health Sciences, and COP28 attendees.

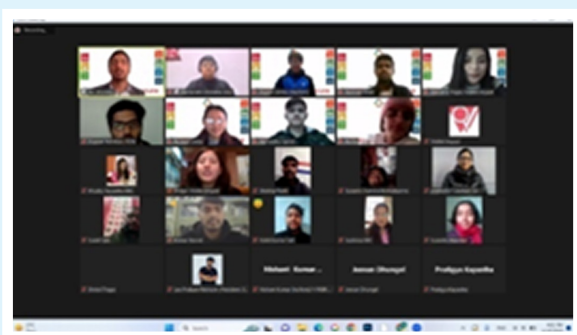
The session commenced with presentations where COP28 attendees shared insights on topics such as climate change and the Sustainable Development Goals (SDGs), the intersection of climate change and Sexual and Reproductive Health and Rights (SRHR), youth perspectives, and climate initiatives in Nepal. This was followed by a panel discussion that delved into COP28 updates, participant experiences, and government commitments. The event concluded with an open discussion session, where participants had the opportunity to engage with the panelists by posing questions and exchanging ideas.



*Climate Convo Program
held at Manmohan
Memorial Institute of
Health Science*

2. National Youth Conclave

The third “National Youth Conclave” was held on 19 January 2024, via Zoom, attended by over 100 young individuals from across Nepal. The event reviewed key Sustainable Development Goals (SDGs) including SDG 1 (No Poverty), 2 (Zero Hunger), 13 (Climate Action), 16 (Peace and Justice), and 17 (Partnerships). Recommendations from the youth were compiled in the document titled “Nepal Youth Call to Action for APFSD 2024,” addressing these goals along with SDG 3 (Good Health and Well-being) and SDG 5 (Gender Equality) as a cross-cutting issue. These recommendations were submitted to the APFSD Youth Forum at the regional level.



National Youth Conclave

3. High-Level Dialogue

On 24 April 2024, a High-Level Dialogue on the Sustainable Development Goals (SDGs) was held at Hotel Le Himalaya in Lazimpat, attended by approximately 25 participants from various organizations and members of NAYA. The event included sign language interpretation for deaf attendees. Panelists included Ms. Kartika Yadav from the National Planning Commission and Dr. Ram Krishna Shrestha from the Ministry of Agriculture and Livestock Development. Key recommendations from the APFSD Youth Forum, the Peoples Forum, and the APFSD Intergovernmental Forum were shared during the program.



High Level Dialogue held on 24 April

4. Social Media Campaign

This Social Media Campaign linked the APFSD 2024 and HLPF 2024 through various activities, including posts, tweets, and a photo contest. During the HLPF session, infographics and additional posts were shared on Facebook. The photo contest, titled “Youth for SDGs,” encouraged participants to submit pictures with captions related to the SDGs under review at HLPF 2024, promoting awareness and action toward achieving those goals.



Social Media Campaign by NAYA

Outcomes:

The key outcomes of this project were:

- NAYA representatives actively participated in various national and international advocacy events, promoting youth involvement in the SDGs.
- A national youth consultation led to the integration of recommendations into the “Youth Call to Action for APFSD 2024”.
- The High-Level Dialogue 2024 facilitated discussions on SDG progress and youth recommendations on climate justice and SRHR.



No Shame to Bleed (NSTB)

Project Overview:

The "No Shame to Bleed" is a project by Visible Impact, launched in 2016. It aims to promote safer and healthier menstruation practices among boys and girls. Through its peer educators, called "Sarathis", the project conducts peer education sessions on menstrual health management in schools. Each year, 10 Sarathis are selected to undergo an extensive Training of Trainers (ToT) program on menstrual hygiene management. After completing the training, they serve as peer educators for a year, conducting school-based sessions, writing blogs on menstruation, and participating in learning circles—additional training sessions provided by Visible Impact to support their professional development. To date, around 70 youths have been trained directly through this initiative as Sarathis. These trained youths then lead workshops engaging adolescents in interactive sessions to debunk menstrual stigma and advocate for better menstrual health and hygiene practices.

The objectives of this project were to build practical skill-building, advocating for improved access to affordable menstrual products and facilities, promote proper menstrual hygiene management among adolescents and youth through education, dispel myths and reduce stigma surrounding menstruation, and train youth to become advocates for menstrual health and collaborate with policymakers to implement policies eliminating discrimination against girls and women during menstruation. Overall, the project takes a holistic approach to menstrual health and gender equality, striving to create a society where menstruation is embraced without shame or discrimination.

Key Activities:

1. Graduation of Batch VI Sarathis

The Batch VI Sarathis graduated in July 2024 with the completion of 33 school-based Menstruation Hygiene workshops both within and outside the Kathmandu valley, amplifying the impact of their predecessors. They reached over 600 adolescents, spreading awareness and empowerment. Notably, they also extended their reach to students with disabilities and marginalized populations through orphanages and children development centers. The Sarathis also wrote 34 blogs on different topics ranging from menstruation, pregnancy, infertility, safe sex, and so on.



Graduation of Batch VI Sarathis

2. ToT for Batch VII Sarathis

A new group of Sarathis was recruited following the graduation of the previous batch. To prepare them for their roles, Batch VII Sarathis participated in an extensive 3-day Training of Trainers (ToT).

The ToT was facilitated by seasoned trainers and experienced Sarathis of the previous batch. The training covered a wide range of critical topics essential to menstrual health management and advocacy, including Changes in boys and girls during puberty, Anatomy and Physiology of Reproductive Systems, Menstruation and managing common discomforts, Myths and Taboos, Risky Behaviors and Complications, Role of Men in Menstruation, Disability and key menstrual issues faced by persons with disabilities, Menstrual Health-Friendly Schools, and so on.

3. School based workshops by Batch VII Sarathis

With the training completion, each Sarathi in Batch VII developed a tailored action plan for their upcoming one-year tenure. In the initial months since their training, Batch VII Sarathis have already begun implementing their plans, conducting 6 school-based workshops in the Kathmandu Valley region. By working in pairs, they are effectively reaching adolescent students, covering essential topics like menstrual hygiene management, breaking social stigmas, and addressing menstruation myths.

Outcomes:

The key outcomes of this project were:

- A 65% improvement in knowledge among participants demonstrated the effectiveness of the menstrual health education program. By reaching marginalized youth, individuals with disabilities, and diverse groups, the initiative prioritized inclusivity and equity, ensuring access to essential information.
- The publication of 34 blog posts by Sarathis amplified awareness and advocacy efforts, sparking broader societal conversations on menstrual health. These achievements highlight the program's success in promoting education, fostering inclusivity, and enhancing public discourse on menstrual health.



School based workshop being delivered by Sarathi Batch VII

SRHR and Artificial Intelligence (AI)

Project Overview:

The "SRHR and AI" project, funded by the Bill and Melinda Gates Foundation and implemented by NAAMII, Visible Impact, diyo.AI and PSD Nepal, evaluates Large Language Models (LLMs) in addressing SRMH queries in Nepali. The objective of this project was to assess LLMs' reliability, identify gaps and risks, analyze anonymous chat queries, and support outreach efforts for SRHR advocacy. In this year, pilot testing with 108 students in Kathmandu explored effective implementation strategies. Four SRHR experts were onboarded for chatbot resource development and data analysis, while AI for SRHR Champions conducted 58 SRHR sessions blending discussions and chatbot use. FAQs were created, chatbot functionalities were updated. Regular collaboration ensured efficient implementation and feedback.



Activities

1. Boot Camp for AI for SRHR Champions

On September 12, 2023, an “AI for SRHR Champions” Boot Camp took place at Hotel Marshyangdi, Kathmandu. This one-day “SRHR and AI” training aimed to equip 10 “AI for SRHR Champions” from Visible Impact and 8 PSD Nepal volunteers with essential SRHR knowledge and skills to effectively engage in chatbot interactions within their communities. Facilitated by Visible Impact, diyo.AI, NAAMII, and PSD Nepal the boot camp focused on fostering SRHR advocacy and activism in participants' regions and provided comprehensive orientation on chatbot use.

2. Data Collection and Analysis

Following the orientation of AI for SRHR Champions, data collection was carried out with 2,320 individuals, including 274 Female Community Health Volunteers (FCHVs), and the collected data was subsequently analyzed. Respondents were randomly selected by the mobilized champions based on project requirements. The sessions were strategically designed to blend guided discussions with chatbot interactions, effectively engaging targeted audiences. These efforts focused on reaching diverse groups through thematic discussions, extending outreach initiatives, and equipping champions with updated protocols. Visible Impact further enhanced engagement by conducting both physical and virtual sessions facilitated by champions from Sudurpaschim, Madhesh, and Lumbini Provinces. Sessions were strategically organized to engage specific audiences, with one hour per session divided into guided discussions and chatbot interactions.

3. Data Labeling

After completing the data collection, experts performed data labeling to ensure quality. To guarantee that activities were implemented as planned, monitoring and evaluations were carried out. Following this, efforts were made to engage the general public in the use of non-human chatbots (ChatGPT 1, ChatGPT 2).



Boot Camp for AI for SRHR Champions held on 12 September 2023

Outcomes:

The key outcomes of this project were:

- The chatbot provided anonymous SRHR information effectively reducing barriers such as stigma and geographic distance. This accessibility has enabled users to seek information in a non-judgmental environment, encouraging more open discussions about sensitive topics.
- The training provided to “AI for SRHR Champions” fostered a competent network capable of advocacy, support, and efficient management of the chatbot, enhancing the overall effectiveness of the initiative.
- Insights from chatbot interactions have enhanced the AI model, leading to improved messaging that aligns with the target population's needs. This has strengthened the foundation for effective SRHR education, services, enabling the development of tailored programs that address the specific needs of adolescents and vulnerable groups.



AI for SRHR Champions delivering sessions to FCHVs and Students

Youth for Access to Abortion for Youth (YAAY)

Project Overview:

Youth for Access to Abortion for Youth (YAAY) program funded by Safe Abortion Action Fund started its third phase from July 2023 and its fourth from January 2024. The objective of this project were to create awareness and promote access to safe abortion services that are non-judgmental and youth-friendly by conducting sessions within communities, educate young people about reproductive rights and safe abortion options and engage with health professionals and government officials and influence policies and practices related to abortion services and work to change societal attitudes towards abortion by dispelling myths and addressing stigma associated with it.

Key Activities:

1. Community Activism by Youth Champions

Our YAAY youth champions have conducted a total of 27 communities based safe abortion awareness sessions and three lobby meetings with local government which directly reached to over 996 school students and community people and 79 local government personnels this year. The champions' knowledge has increased by 70%. The geographical reach of these sessions extended to 15 districts covering all seven provinces of Nepal. In many of the sessions, the participants expressed having discussed abortion for the first time. Similarly, champions have marked and celebrated important days such as International Safe Abortion Day, International Youth Day, and Pride Month.



Youth Champions delivering safe abortion awareness session in Koshi Province

2. Lobby meetings with the Local Governments regarding SMRHR Act and Regulations

We reached six local governments in Surkhet, Karnali province and four local governments in Kaski, Gandaki province to fully implement the Safe Motherhood and Reproductive Health Rights Act 2075 and Regulations 2077. These sessions assessed the existing safe abortion services within specific local government areas. This initiative offered stakeholders a crucial chance to understand the significance of safe abortion in the broader context of reproductive health. By focusing on evidence-based practices and sharing experiences from neighboring local governments, participants gained deeper insights into addressing service delivery gaps while reaffirming their commitment to prioritizing safe abortion services.



Lobby Meeting with Machhapuchhre Rural Municipality

3. Value Clarification and Attitude Transformation (VCAT) on safe abortion to healthcare providers and policymakers of Lumbini province

A 3-days VCAT on safe abortion in Nepalgunj, Lumbini province was conducted among 22 healthcare professionals working as Senior Auxiliary Nurses and Midwives, Nursing In-charge, Nursing Officers and Nursing Inspectors providing safe abortion services at District Hospitals and One Stop Crisis Management Centers (OCMC) across the province. The training covered sessions on Gender, Patriarchy, Bodily autonomy and Sexual and Reproductive Health and Rights. VCAT sessions were mainly focused on clarifying values on abortion, discussing existing myths, and bust stigmas in order to transform their attitudes towards abortion as a healthcare. The participants have pledged to advocate for and provide services in a non-judgmental and youth friendly manner.



VCAT on Safe Abortion to healthcare providers and policymakers of Lumbini Province

4. Lobby meeting with government for implementation of Adolescent Friendly Health Service Operational Guideline

Following the abortion training for health care providers, a lobby meeting was held at Provincial Health Directorate, Dang, Lumbini Province. The discussions were mainly focused on the recently launched Adolescent Friendly Health Service Operational Guideline 2022 which most of the health authorities were not aware of as it was recently endorsed current practices in the province, and implementation status with further plans regarding the guidelines. Further discussions also led to conversations on the Disability Friendly Health Services guideline 2022 which was also recently endorsed by the federal government.



Meeting with the government of Lumbini Province for implementation of Adolescent and Youth Friendly Sexual Health Services Guideline

5. Media Fellowship for Media Professionals

A total of 54 articles were published by our media fellows regarding safe abortion service provision, issues caused due to unsafe abortion practices from all 7 provinces on different online and offline platforms they are affiliated with in the past year. All the articles published till date are in Nepali language. The platforms are leading news portals in Nepal and their respective provinces like Ratopati, Setopati, Gorkhapatra Online, Radio Kantipur, Shilapatra, and Rajdhani Online to name a few.



6. Advocacy for Decriminalization of Abortion

To support the abortion decriminalization movement in Nepal, a video was developed and a preliminary screening with the government, members of RHRWG, CEDAW committee, and other CSOs working on policy-level advocacy on safe abortion was done. With the valuable feedback and suggestions received, the video will be refined for more impact and comprehension. Similarly, other meetings with RHRWG, CEDAW committee, and other CSOs were also conducted.



Meeting with the government of Lumbini Province for implementation of Adolescent and Youth Friendly Sexual Health Services Guideline

Outcomes:

The key outcomes of this project were:

- There was a 68.1% increase in knowledge regarding safe abortion among the target population, indicating a substantial enhancement in community awareness and understanding of this critical health issue.
- The initiative fostered progressive and factual reporting on safe abortion through the publication of 54 articles by media fellows across seven provinces. This effort contributed to positive public discourse, achieving over 11,000 views and shares, which reflects increased digital engagement and awareness.
- Following VCAT training, there was a 25% improvement in attitudes toward safe abortion observed among 20 healthcare providers from Lumbini Province. This shift indicates a move towards more supportive perspectives on safe abortion practices within the healthcare community.
- Local leaders expressed their recognition of the advocacy agenda on safe abortion, as evidenced by their supportive remarks during lobby meetings. This acknowledgment reflects growing political will and community support for safe abortion initiatives.
- The initiative successfully initiated dialogues on safe abortion among various stakeholders, including young people, media representatives, healthcare providers, Marie Stopes Nepal, and government officials. This collaboration has fostered improved communication and partnerships in advocating for safe abortion. The organization gained visibility and trust among government personnel, as demonstrated by repeated invitations to participate in official programs and sessions. This recognition underscores the credibility of the initiative within the governmental framework.
- Six individuals were guided to safe abortion service centers by youth champions, staff, and volunteers, ensuring that they received access to quality care. This direct assistance highlights the initiative's commitment to facilitating access to essential health services.

Success Story

"We have a total of 9 wards but only 5 of them have functioning safe abortion sites. Our local government also faces an issue with training and listed human resources. We have recently allocated a budget of NPR 3 lakhs for school health nurses to cover SRHR classes at schools, but what also is a fact is that we (the government) have never discussed safe abortion. As a result, we accept that we have no specific plans to address the gaps. But we thank Visible Impact for assembling us today, as we will surely initiate and plan our upcoming work to address the gaps we have discussed today." - Chair, Machhapuchhre Rural Municipality.

Youth Empowerment for SRHR **(YES)**

Project Overview:

“Youth Empowerment for SRHR (YES)” is an initiative supported by COREGroup aimed at addressing the unmet sexual and reproductive health needs of marginalized groups, including the LGBTI+ community and women with disabilities. The project emphasizes youth-led interventions at grassroots and local government levels. It seeks to provide judgment-free SRHR services to individuals from diverse backgrounds, fostering shared responsibility among stakeholders to enhance accessibility to these essential services. The goal of this initiative was to reduce the unmet sexual and reproductive health needs of special groups i.e., adolescents, youth, women with disabilities, and LGTBQ (lesbian, gay, transgender, bisexual, and queer) population including their access to sexual and reproductive health information and services.

Key Activities:

1. Value Clarification and Attitude Transformation (VCAT) on SRHR for Healthcare Providers

VCAT training was conducted for 79 healthcare providers from Koshi, Madhesh, and Bagmati Provinces. The training aimed to equip healthcare providers with the necessary skills and knowledge to deliver gender, disability, and youth-friendly SRHR services. It focused on addressing client needs, alleviating fears, and respecting concerns in a suitable environment. This initiative was collaboration between the Health Directorate of Koshi and Bagmati Provinces and the Ministry of Health and Population from Madhesh Province, enhancing the capacity of healthcare providers to offer inclusive and accessible services.



VCAT to Health Care Providers of Koshi Province

2. Lobby Meeting

Throughout the project, six lobby meetings and six sharing meetings were held with the Health Directorates of the respective provinces. The purpose of the lobby meetings was to garner support from the provincial government for making all health service facilities LGBTQ+, youth, and disability friendly.

3. Activism by Youth Champions

Our Youth Champions conducted 69 community awareness programs that reached approximately 2,769 young individuals from diverse backgrounds. Topics included Safe Abortion, Family Planning, and Menstrual Hygiene Management, with a focus on SRHR services for persons with disabilities and sexual and gender minorities. They also organized activities like rallies, quiz contests, and debates to mark special days. Additionally, they visited local health centers to discuss adolescent-friendly SRHR services, enhancing community engagement and awareness of these critical issues.



Lobby Meeting conducted in Madhesh Province



Lobby Meeting conducted in Madhesh Province

4. Radio PSAs

The radio Public Service Announcement (PSA) was produced in seven languages, including Nepali, Limbu, Maithili, Tharu, Magar, Tamang, and Doteli. It was broadcast on one national radio station and six local stations, reaching an audience of around 3-4 lakhs. The PSA aimed to raise awareness about the importance of SRHR services for individuals from diverse backgrounds.

5. YouTube Series

As part of the PSA initiative, a 6-episode YouTube series was produced to provide young people from diverse backgrounds with a safe space to share their experiences and ask questions about SRHR. Participants in the series engaged in discussions about their personal experiences and insights regarding various aspects of SRHR, fostering an open dialogue among individuals from different backgrounds.

Visible Impact's staff as participants in YouTube video series as a part of PSA initiative



Outcomes

The key outcomes of this project were:

- The Health Directorate of Koshi Province has included Visible Impact as a member of its “Provincial Reproductive Health Coordinating Committee– Technical Working Committee (PRHCC-TWC)”, enhancing collaboration on reproductive health initiatives.
- The Health Directorate of Gandaki Province has certified two health institutions as Adolescent Friendly Health Services, promoting accessible and youth-centered care. These developments reflect significant progress in improving sexual and reproductive health services for diverse populations in Nepal.

Success story



“We initially had a basic understanding of Sexual and Reproductive Health and Rights (SRHR), but after participating in the Training of Trainers (ToT) provided by Visible Impact, we gained deeper insights into these issues. Following the training, we successfully shared our knowledge within our province. This initiative not only focused on enhancing our capacity in SRHR but also raised awareness among youth about these topics, fostering discussions in areas where they are often considered taboo. As a result, people have started to engage in open conversations about SRHR. Through various awareness sessions, we have effectively diminished the myths and stigma surrounding menstruation that is prevalent in Sudurpaschim Province.”

– Mansingh Bist, YES Youth Champion,
Sudurpaschim Province

Kaleidoscope

Project Overview:

Kaleidoscope is a transregional collective of feminist organizations in the Global South, dedicated to strengthening health systems for Sexual and Reproductive Health, Rights, and Justice (SRHRJ), with a focus on safe abortion access in Asia and Africa. The collective includes the Asian-Pacific Resource and Research Centre for Women (ARROW), Mobilizing Activists around Medical Abortion (MAMA) Network, Women's Global Network for Reproductive Rights (WGNRR), and the Global Fund for Women (GFW), along with country partners in Nepal, India, Benin, and Kenya. In Nepal, the initiative involves Visible Impact and Beyond Beijing Committee (BBC) as country partners. This is a five-year program aimed at strengthening health systems so that all people who can get pregnant have access to safe, comprehensive, and quality abortion care within just and inclusive health frameworks-free from stigma, discrimination, or violence in targeted intervention areas.

Current Progress

The project is currently in its co-design phase, during which various consultations and meetings have taken place:

1. Country Consultation in Nepal

A three-day consultation with ARROW, Visim, and BBC teams was held to discuss the national context, focus areas, and target geographies. This was followed by a multi-stakeholder dialogue with safe abortion stakeholders, including Nepal's Family Welfare Division, to

assess current needs, priorities, and future directions.

2. Global Validation Meeting in India

Following the Nepal consultation, a Global Validation meeting was organized in Mahabalipuram, India. Country representatives from Nepal, India and Kenya shared updates on their progress and outlined detailed plans for the next five years. Various strategic discussions were held to achieve clarity on the theory of change and upcoming plans.

3. Development of Strategic Frameworks

The Theory of Change and Learning, Monitoring, and Evaluation (LME) Frameworks have been developed and are currently undergoing continuous refinement.

4. Engagement with Government Stakeholders

Multiple meetings with the Family Welfare Division, Government of Nepal, have been conducted to align project activities with current national needs and priorities.

SYAN Regional Consultation



Senior Program Officer Mr. Dipesh Limbu representing Visible Impact at SYAN Regional Consultation

SYAN Regional Consultation

Our Senior Program Officer, Mr. Dipesh Limbu, represented Visible Impact at The Nexus: SYAN Regional Consultation, a gathering of youth leaders from nine countries across South and Southeast Asia held on 3 November and 4 November 2023.

Senior Program Officer Mr. Dipesh Limbu representing Visible Impact at SYAN Regional Consultation

The consultation reviewed the Agenda for Action for Adolescents (AAA) developed by Partnership for Maternal, Newborn and Child Health (PMNCH) and provided region-specific recommendations to enhance its relevance. The event emphasized

meaningful adolescent and youth engagement (MAYE) in advancing adolescent health rights and crafting a strategic plan for SYAN's future cycles. Key learnings included the value of group projects, secure learning environments, and inclusivity for fostering impactful global change. Visible Impact highlighted the need to strengthen SYAN's national hub with balanced contributions from member organizations and advocated for prioritizing funding for youth-led initiatives. The outcome document of the SYAN Regional Consultation can be found here: https://syanforhealth.org/upload/resources/1699609961_Building%20The%20Present%20A%20Call%20to%20Action%20for%20Youth%20Health%20and%20Well-being.pdf

Others

Day Celebrations

1. Menstrual Hygiene Day 2024 Celebration:

On Menstrual Hygiene Day 2024, Visible Impact, conducted an awareness hike to Manichud Daha, Kathmandu where informative and fun activities like MH quiz, MH art and other games were incorporated.

2. 16 Days of Activism against Gender-Based Violence:

- We conducted flashmob and roleplay event,

a powerful collaboration with the Rotaract Club of Kathmandu Mid-Town, marking the beginning of the 16 Days of Activism Against Gender-Based Violence.

- Gandaki Province's youth champions marked the 16 Days of Activism Against Gender-Based Violence with an electrifying flash mob on December 10 in collaboration with SOCHAI- Youth for Nutrition and Supported by Pokhara University, Hult Prize Pokhara University, Rotaract Club of Pokhara University, APPS, PUCMS, PUSPA.



Flashmob being conducted by Youth Champions marking 15th Days of Activism Against GBV



Flashmob being conducted by Youth Champions marking 16th Days of Activism Against GBV

3. Worlds AIDS Day:

Marking World AIDS Day on December 1, 2023, in Nepalgunj, Youth Champions join hands with Nepalgunj Sub-Metropolitan City, Health Office Banke, Bheri Hospital Banke, District Administrative Office, Banke, District Police Office, and other dedicated organizations in the fight against HIV.



Youth Champions marking their esteemed presence on the occasion of Worlds AIDS Day

4. 10th Family Planning Day 2023

A total of 3 programs were conducted for 10th Family Planning Day 2023

- To commemorate the 10th Family Planning Day 2023, on 22nd September 2023, we collaborated with the Beyond Beijing Committee (BBC), Blind Youth Association Nepal (BYAN), and YUWA to set up a lively stall on the premises of TU Teaching Hospital, where we engaged all visitors with quizzes and fun tasks to disseminate family planning information. The event was organized by the Family Welfare Division.



Youth Champions marking their esteemed presence on the occasion of Worlds AIDS Day



Roundtable Discussion on the occasion of 10th National Family Planning Day

- On September 26th, to commemorate the 10th National Family Planning Day, Visible Impact organized round table discussion prioritizing youth voices in family planning. In this event, discussion was held around the key aspects of FP as "Need of FP in Youths and Adolescents", " Role of Men in FP", "Inclusiveness in Contraception" and "Traditional Method vs Modern Method of contraception". Youths presented the challenges faced by the youths in accessing FP services and provided with the recommendations for mitigating those challenges. It was a wholesome event full of discussion and engaging activities.
- On 21st September 2023, the Health Directorate, Koshi Province organized an engaging and insightful interactive dialogue with stakeholders to mark the 10th National Family Planning Day celebration in Biratnagar. This event brought together passionate stakeholders committed to improving family planning initiatives. Along with Visible Impact, USIAD MOMENTUN, and FPAN were also major collaborating partners of the celebration.



5. Marking Safe Abortion Day:

We conducted "Canvases and Conversations". The incredible artwork helped us mark Safe Abortion Day through a vibrant celebration of art, with engaging gallery walks, and thought-provoking games.



Canvases and Conversations on the occasion of Safe Abortion Day

6. Celebration of Ninth anniversary

The Visible Impact team marked its 9th anniversary with a heartfelt celebration at ISKON, where they gathered early in the morning to reflect on their journey. This visit was not just a celebration of the passage of time but also an opportunity to express deep gratitude for the support and experiences gained over the years.

Team members took a moment to acknowledge the significant milestones achieved since the organization's inception.

Visible Impact, during its 9th anniversary celebrations, also participated in a yoga session, taking into consideration the importance of mental health rejuvenation. This initiative was aimed at promoting mental well-being alongside physical health, recognizing the crucial role of mindfulness and stress relief in overall wellness. By integrating yoga into their anniversary activities, Visible Impact highlighted the significance of maintaining both mental and physical health, supporting the holistic well-being of the staff.

International and Regional Representations

1. Women Deliver Conference (7 July to 20 July 2023)

Ms. Urja Humagain, the M&E Officer at Visible Impact, represented the organization at the Women Deliver Conference 2023, held from July 17 to July 20, 2023, in Kigali, Rwanda. This significant event was organized by Global Conference and supported by Exemplars in Global Health, with coordination from CREHPA. The conference focused on creating solutions, solidarity, and spaces for gender equality, attracting activists and feminists from around the globe for this pivotal gathering. The conference also featured Youth Pre-conferences, which

aimed to provide a platform for young delegates and set the stage for the main conference.

Ms. Urja Humagain participated as a panelist in a session organized by Exemplars in Global Health and White Ribbon Alliance during the Women Deliver Conference 2023, where she contributed to discussions on the theme “Translating Evidence to Impact for Girls’ and Women’s Health and Well-being across the Life Course.” She emphasized the critical role of evidence and data in driving meaningful impact at scale to improve women’s health and well-being.



Our M&E Officer, Ms, Urja Humagain at Women Deliver Conference 2023



2. UNLEASH (2 December -8 December)

In December 2023, our Executive Director, Ms. Shilpa Lamichhane participated in UNLEASH Innovation Lab in Kigali, Rwanda—the first of its kind on the African continent. This global event brought together 1,000 young change makers from 136 countries to collaboratively address pressing global challenges through a structured innovation process centered on human-centered design. During the week-long program (December 2–8), participants engaged in problem framing, ideation, prototyping, testing, and implementation while exchanging

ideas and forming lasting connections.

As part of the Sexual and Reproductive Health and Rights (SRHR) track, Shilpa’s team focused on the overlooked challenges of menopausal women, leading to the development of the “Menopausal Champions” initiative—community groups aimed at providing support, shared experiences, and collaboration with healthcare providers to improve awareness and access to information. The event’s diversity was further enriched by the participation of 100 refugee youths through a partnership with UNHCR, fostering meaningful friendships



and professional networks. The experience was transformative, strengthening teamwork, problem-solving and cross-cultural communication skills while deepening Shilpa's commitment to creating inclusive and impactful solutions.



Our Executive Director Ms. Shilpa Lamichhane at UNLEASH 2023

3. Asia and Pacific Population Conference (APPC) 2023

Our President Ms. Medha Sharma and our former Youth Champion Mr. Arjun Rawal represented Visible Impact at the #7APPC 2023 organized by UNESCAP and UNFPA from 15 November –17 November 2023 in Bangkok. They also engaged at the preceding CSO forum, and multi-stakeholder dialogue organized by ARROW.

The recommendation for Govt-UN-CSO collaboration to ensure the SRHR rights of all, including diverse populations was propagated from the CSO Monitoring Report to multi-stakeholder dialogue to the CSO forum and eventually the main conference. Arjun Rawal also delivered a statement highlighting the challenges and recommendations of Young Persons with Disabilities.



President Ms. Medha Sharma and Youth Chaimpion Mr. Arjun Rawal participated in 7APPC 2023 organized by UNESCAP and UNFPA

4. SAAF Global Gathering

From 28 November to 30 November 2023, a SAAF gathering took place in Kenya. The main goal was to build connections with other organizations working in the area of safe abortion, foster a greater sense of community, and discuss shared challenges within the field. The event also aimed to deepen understanding of effective strategies and tools for advancing safe abortion initiatives.



SAAF Global Gathering

5. Asia-Pacific Forum on Sustainable Development (APFSD) 2024

Our Executive Director, Ms. Shilpa Lamichhane, and Senior Program Officer, Mr. Dipesh Limbu, represented Visible Impact at the 11th Asia-Pacific Forum on Sustainable Development (APFSD) 2024, which took place in Bangkok, Thailand, from February 15 to February 23, 2024.

This important event was organized by the UN Economic and Social Commission for Asia and the Pacific (ESCAP) and supported by COREGroup under the YES Project and ARROW.

The forum focused on accelerating the implementation of the Sustainable Development Goals (SDGs), with a particular emphasis on a detailed review of several key goals: SDG 1 (No Poverty), SDG 2 (Zero Hunger), SDG 13 (Climate Action), SDG 16 (Peace, Justice, and Strong Institutions), and SDG 17 (Partnerships for the Goals). Through discussions and collaborative efforts, participants aimed to identify effective strategies for overcoming challenges and ensuring that progress is made towards these critical objectives in the Asia-Pacific region.

Shilpa notably served as one of the opening speakers at both the APFSD Youth and Intergovernmental Forums. Her remarks, which represented the perspectives of young people across the Asia-Pacific region, garnered widespread appreciation for their powerful message. Overall, Visible Impact had a significant presence across all three events.

Dipesh actively participated in discussions on SRHR and youth issues, contributing to breakout sessions on SDGs 1 and 16, drafting recommendations for inclusion in the UN ESCAP Goal Profile, and

expanding networks with key stakeholders. The team's involvement showcased the organization's commitment to advancing the 2030 Agenda through advocacy and strategic partnerships, providing valuable insights and resources for future initiatives. The outcome document of the APFSD can be found here: <https://www.unescap.org/.../APFSD24%20draft%20report...>



Our Executive Director Ms. Shilpa Lamichhane & Senior Program Officer Mr. Dipesh Limbu participated in APFSD 2024

6. Commission on Status of Women (CSW)

President Ms. Medha Sharma attended the first week of 68th CSW from 11 March to 18 March 2024 at UN premises in New York. The theme of the commission was “Accelerating the achievement of gender equality and the empowerment of all women and girls by addressing poverty and strengthening institutions and financing with a gender perspective”. She contributed her voices and opinions in favor of youth leadership and sexual and reproductive health and rights in documents drafts, side events and panel discussions. She also contributed to the fund-raising event held on 11th March 2024 for the Kaleidoscope initiative.



President Ms. Medha Sharma at CSW 2024



7. High Level Political Forum (HLPF) 2024 (8 September to 18 September 2024)

Our Executive Director Ms. Shilpa Lamichhane participated in High level Political Forum at NewYork USA, held from 8 September to 18 September 2024 partially funded by UNDESA and partially from the YAAY Project.

The objective of this program was to explore regional and local dimensions on effective delivery of sustainable, resilient and innovative solutions regarding the SDGs. Attending HLPF deepened Ms. Shilpa’s understanding of the challenges and opportunities in advancing the SDGs.

Through various sessions, she engaged in discussions on poverty eradication, food security, climate action, strong institutions, and global partnerships. Representing civil society organizations from Nepal, she provided a critical perspective on the country’s Voluntary National Review, emphasizing the need for inclusive policies that uplift marginalized communities. The forum reinforced the interconnectedness of the SDGs and the urgency of collaborative, innovative, and resilient approaches. It concluded with a Ministerial Declaration reaffirming global commitment to the 2030 Agenda, calling for accelerated action and increased support for developing nations.



Executive Director Ms. Shilpa Lamichhane presented the collective voice of CSOs in HLPF 2024



Executive Director Ms. Shilpa Lamichhane and Program Officer Ms. Pratigya Kayastha participated at 26th Congress of WAS at Turkey

8. 26th Congress of the World association for Sexual Health (WAS) TURKEY

Our Executive Director Ms. Shilpa Lamichhane and Program Officer, Ms. Pratigya Kayastha participated at the 26th Congress of the World Association for Sexual Health (WAS) from 2 November to 5 November 2023 held in Turkey, organized by DEKON Congress and Tourism and supported by the Safe Abortion Action Fund (SAAF). This international conference focused on the theme "Bridging the Gaps: Sexual Health, Rights, Justice, and Pleasure for All," emphasizing the importance of sexual health and rights for all individuals. The event served as a platform for global experts to exchange knowledge and discuss advancements in sexual and reproductive health.

Ms. Kayastha presented the project abstract "Youth for Access to Abortion for Youth: Phase I" at the 26th Congress of the World Association for Sexual Health, which garnered positive feedback and facilitated valuable connections with professionals from 62 countries. This experience allowed for meaningful exchanges and potential collaborations, reinforcing the importance of their work on youth access to abortion in Nepal. Sharing their project resonated well with attendees, and they had the opportunity to reconnect with key stakeholders from WHO. The outcome document of 26th Congress of WAS can be found here. <https://www.was2023.org/files/downloads/WAS2023-Abstract-Book.pdf>

Publications

1. APFSD Call to Action 2024



2. A Brief Report on AFHS Sites in Nepal

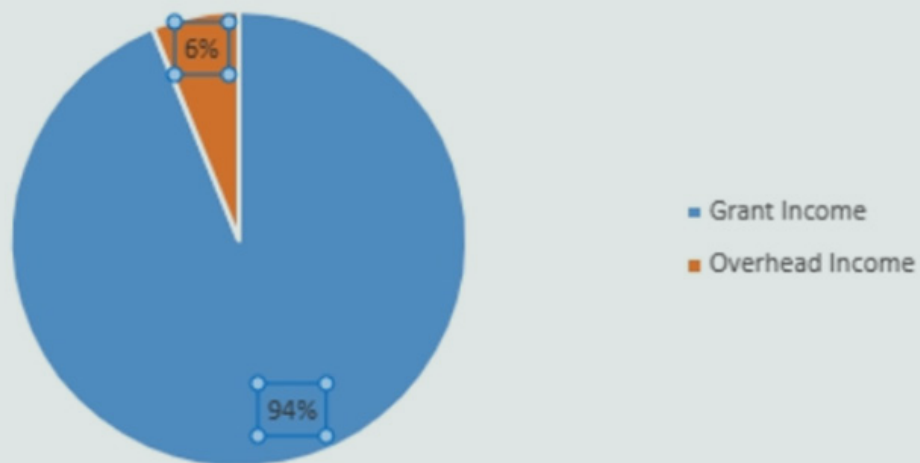


3. Youth Call to Action (Climate and SRHR)

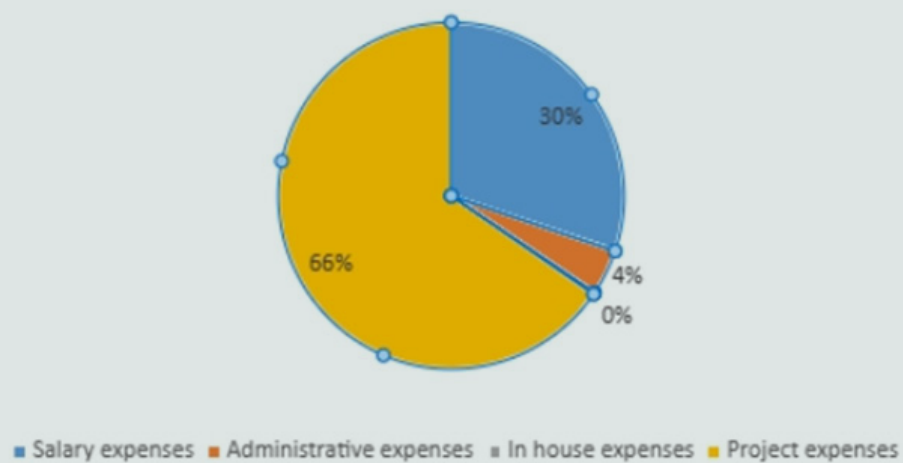


Financial Status in a glance

Income



Expenses



International Partners



National Partners



Alliances and Networks



NAYA
Nepal APFSD Youth Alliance



Women's,
Children's and
Adolescents'
Health



RIGHT HERE
RIGHT NOW



**Safe Abortion
Advocacy Initiative**
Global South Engagement



**Share-Net
International**

The Knowledge Platform on
Sexual and Reproductive Health & Rights



**She Decides.
Nepal**

SYAN

SOUTH-EAST ASIA YOUTH HEALTH ACTION NETWORK
syonforhealth.org



Members of:

1. FP committee of Family Welfare Division
2. PRHCC-TWC of Koshi Province



We are proudly registered under

Visible Impact has been granted the United Nations Economic and Social Council (ECOSOC) special consultative status on 30th September 2022.



www.facebook.com/VisibleImpact



https://x.com/Vis_Im



<https://www.instagram.com/visibleimpact2015/?hl=en>



<https://www.tiktok.com/@visibleimpact2015>



<https://www.linkedin.com/company/visible-impact-2015/>



<https://www.youtube.com/channel/UCGXRs8yLla8ZkUPNE8KmpVg>

Contact us



Visible Impact

611, Shrijanshil Marga, Basundhara, Kathmandu, Nepal,
+977 9847697791 | mail.visim@gmail.com

For more information about our work, please visit our website:
www.visim.org